

# Tilapia quality and safety in global markets



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Past President – World Aquaculture Society

Sec. Tres. American Tilapia Association

**Honolulu**

23 Oct, 2007

# Overview

- Global perspective
- Problems with off-flavor
- Sex reverse hormones
- Antibiotics
- Carbon monoxide
- Quality control in processing
- HACCP, ISO and NGO certifications
- New products

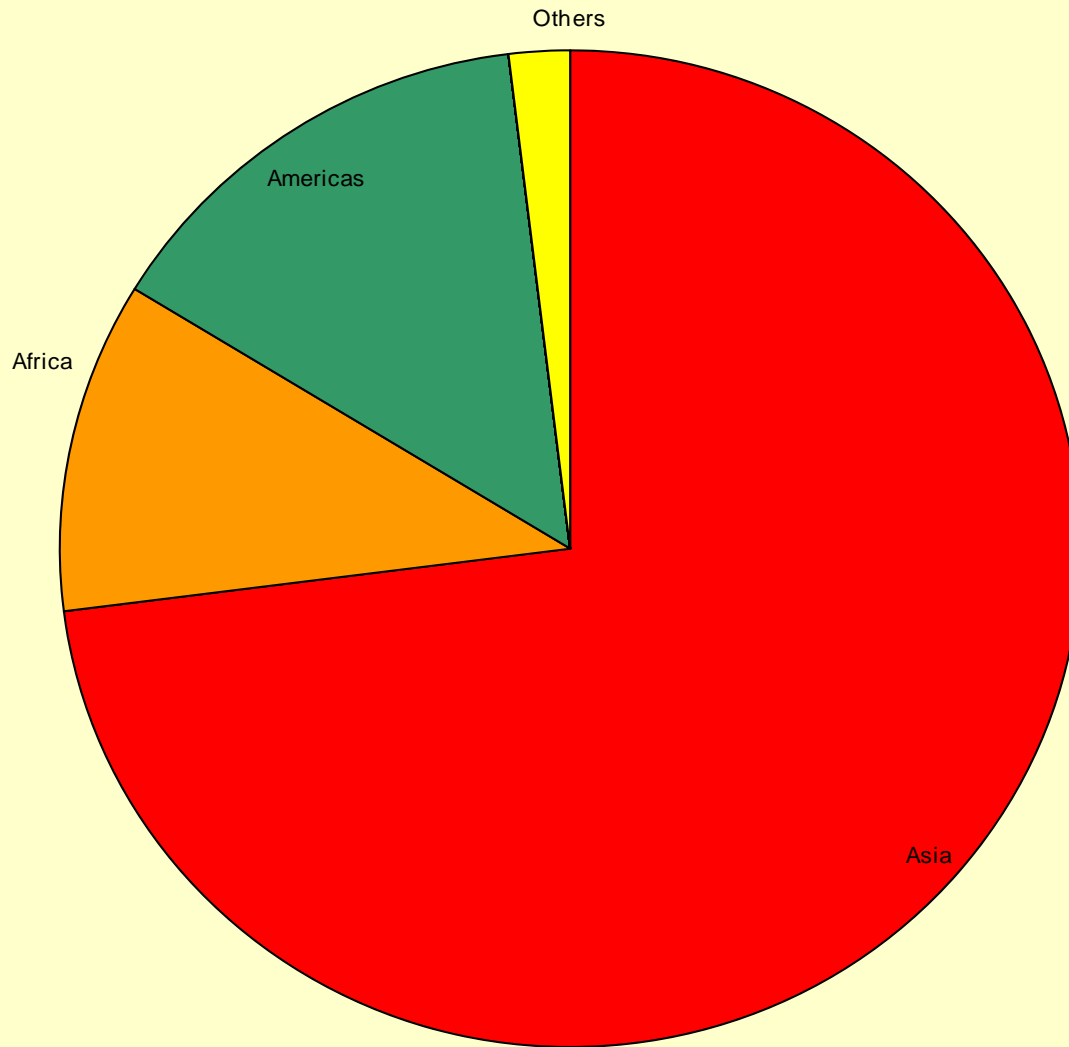


# Tilapia aquaculture

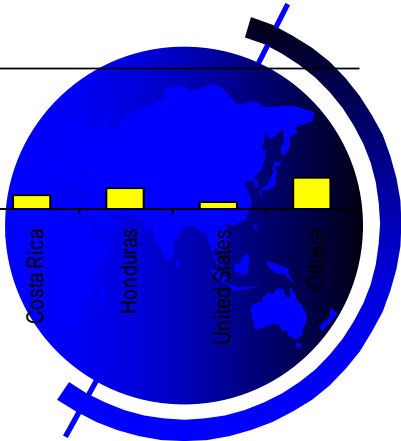
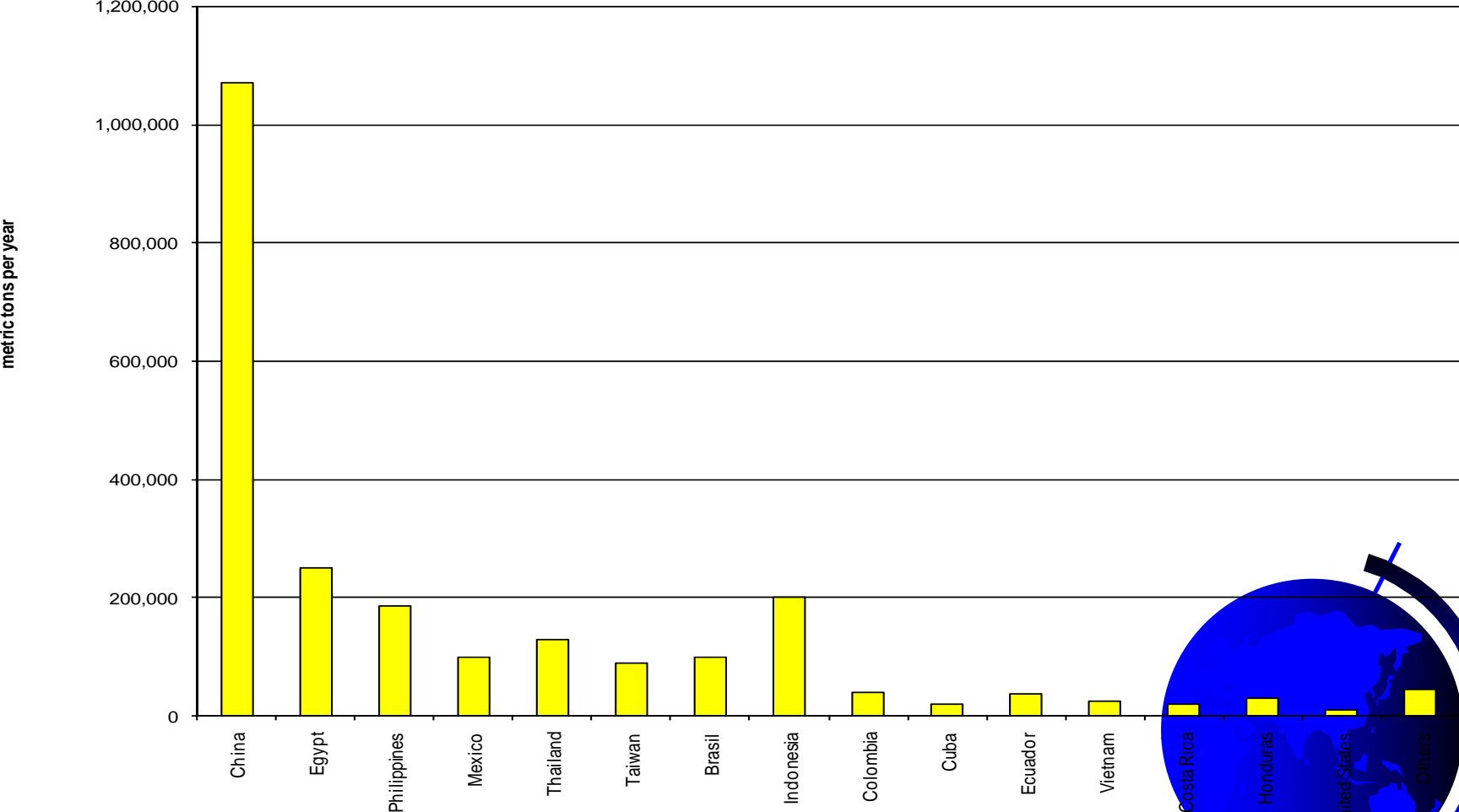
- Second most important farmed fish after the carps
- Most widely grown of any farmed fish
- Asian countries are major producers and consumers



World Tilapia Production of  
2,381,237 mt in 2006



# World Tilapia Production of 2,381,237 mt in 2006

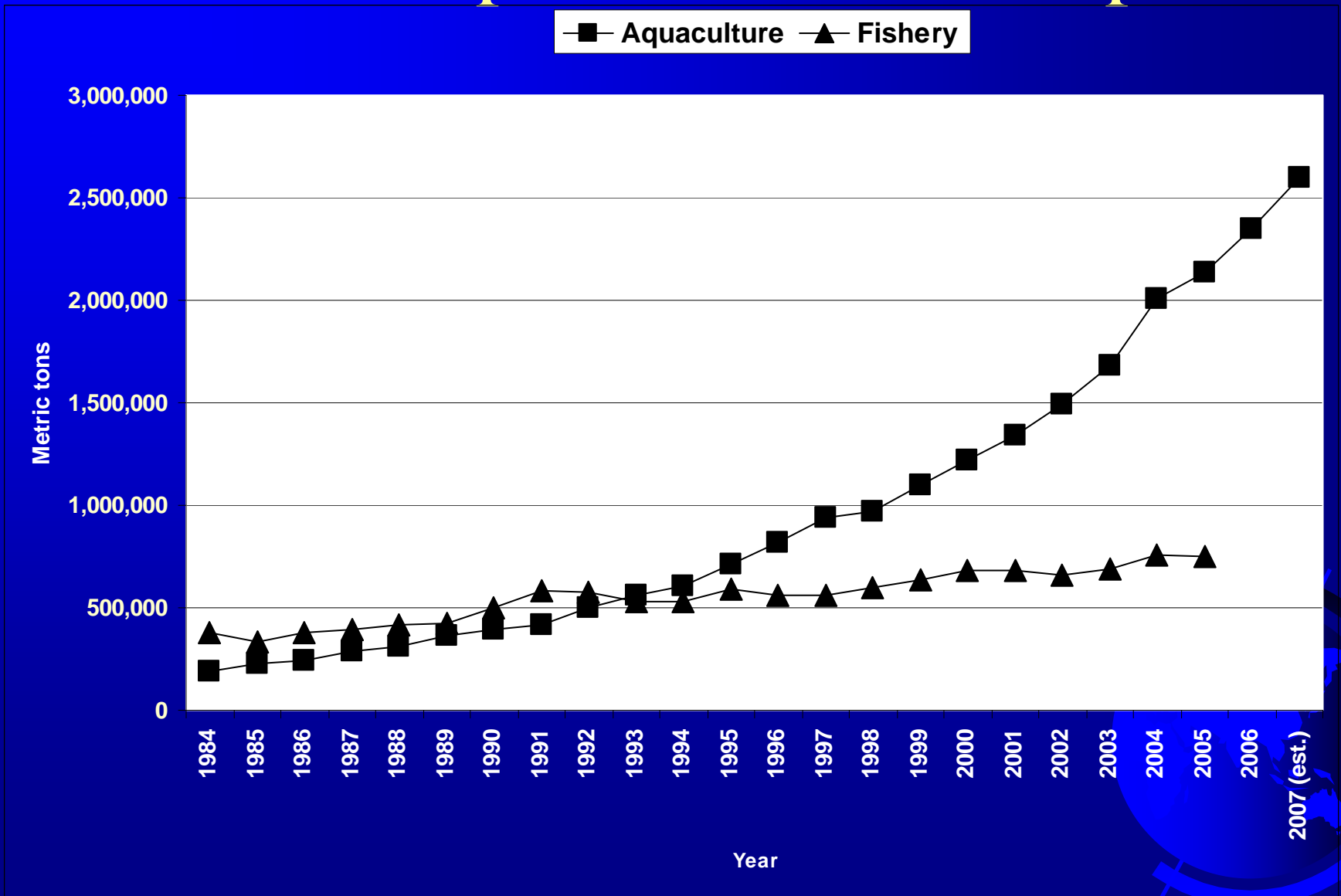


# Tilapia the “Green” farmed fish

- ☞ Herbivore / omnivore, low trophic level feeder
- ☞ Algae, bacteria, and detritus (bioflocs) are important food sources
- ☞ Prepared feeds are mostly grains and ag by-products
- ☞ Promoted by aid agencies and NGO's
- ☞ *Dr. M. Gupta awarded World Food Prize for promotion of tilapia aquaculture, June 10, 2005*
- ☞ Disease resistant and tolerant of poor water quality. Antibiotics and chemicals are not needed for commercial farming.

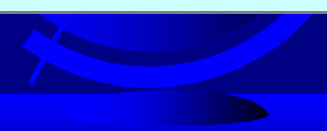


# Global production of tilapia



# Top Ten Seafoods (U.S.) per capita (lbs)

2000		2001		2002		2003		2004		2005		2006	
Tuna	3.5	Shrimp	3.4	Shrimp	3.7	Shrimp	4.0	Shrimp	4.2	Shrimp	4.1	Shrimp	4.4
Shrimp	3.2	Tuna	2.9	Tuna	3.1	Tuna	3.4	Tuna	3.4	Tuna	3.1	Tuna	2.9
Pollock	1.6	Salmon	2.0	Salmon	2.0	Salmon	2.2	Salmon	2.2	Salmon	2.4	Salmon	2.0
Salmon	1.5	Pollock	1.2	Pollock	1.1	Pollock	1.7	Pollock	1.7	Pollock	1.5	Pollock	1.6
Catfish	1.1	Catfish	1.1	Catfish	1.1	Catfish	1.1	Catfish	1.1	Catfish	1.0	<b>Tilapia</b>	<b>1.0</b>
Cod	0.8	Cod	0.6	Cod	0.7	Cod	0.6	<b>Tilapia</b>	<b>0.7</b>	<b>Tilapia</b>	<b>0.8</b>	Catfish	0.97
Clams	0.5	Clams	0.5	Crabs	0.6	Crabs	0.6	Cod	0.6	Crabs	0.6	Crabs	0.66
Crabs	0.4	Crabs	0.4	Clams	0.5	<b>Tilapia</b>	<b>0.5</b>	Crabs	0.6	Cod	0.6	Cod	0.51
Flatfish	0.4	Flatfish	0.4	<b>Tilapia</b>	<b>0.4</b>	Clams	0.5	Clams	0.5	Clams	0.4	Clams	0.44
Scallops	0.3	<b>Tilapia</b>	<b>0.4</b>	Flatfish	0.3	Scallops	0.3	Scallops	0.3	Scallops	0.3	Scallops	0.31
<b>Tilapia</b>	<b>0.3</b>												



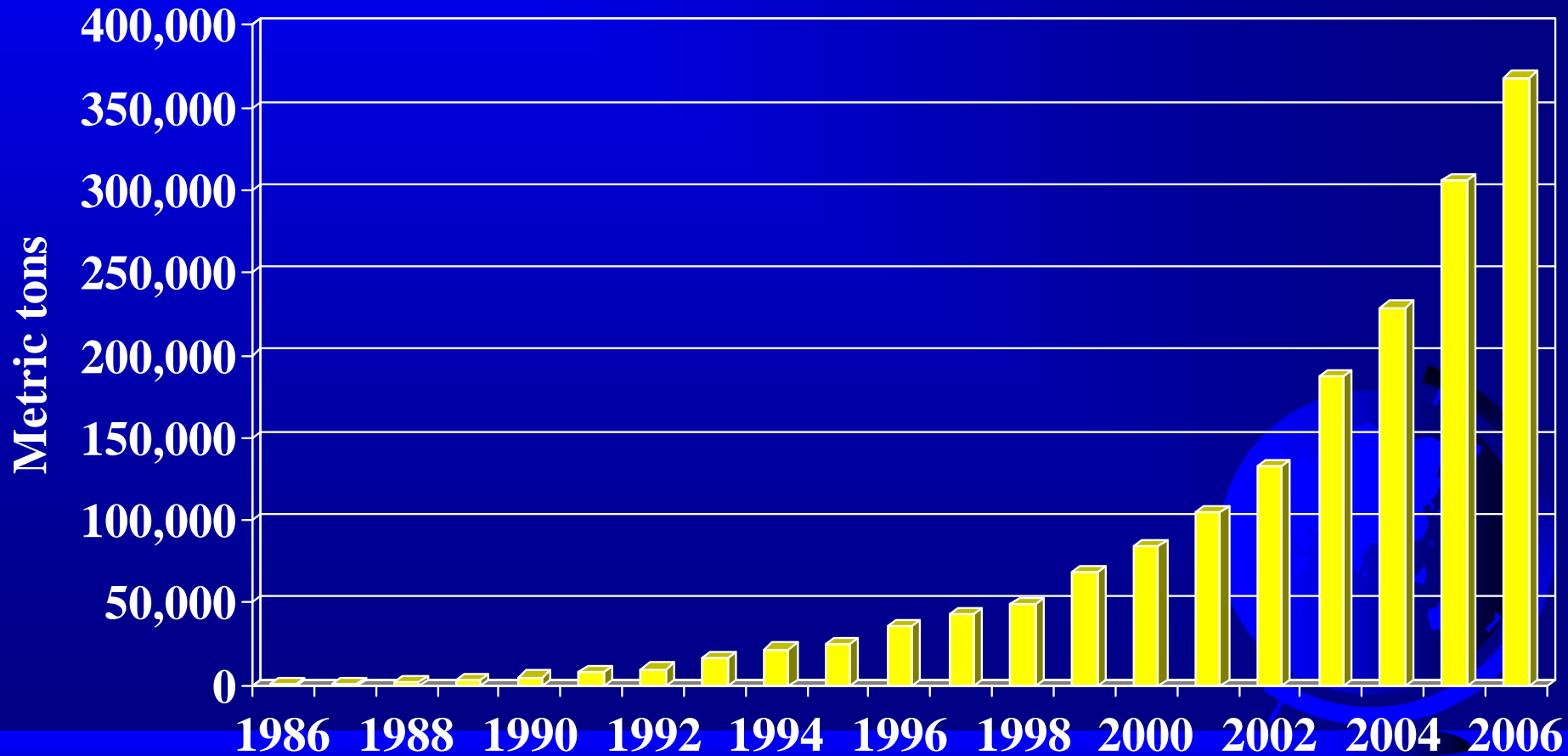


# US Tilapia consumption (imports and domestic)

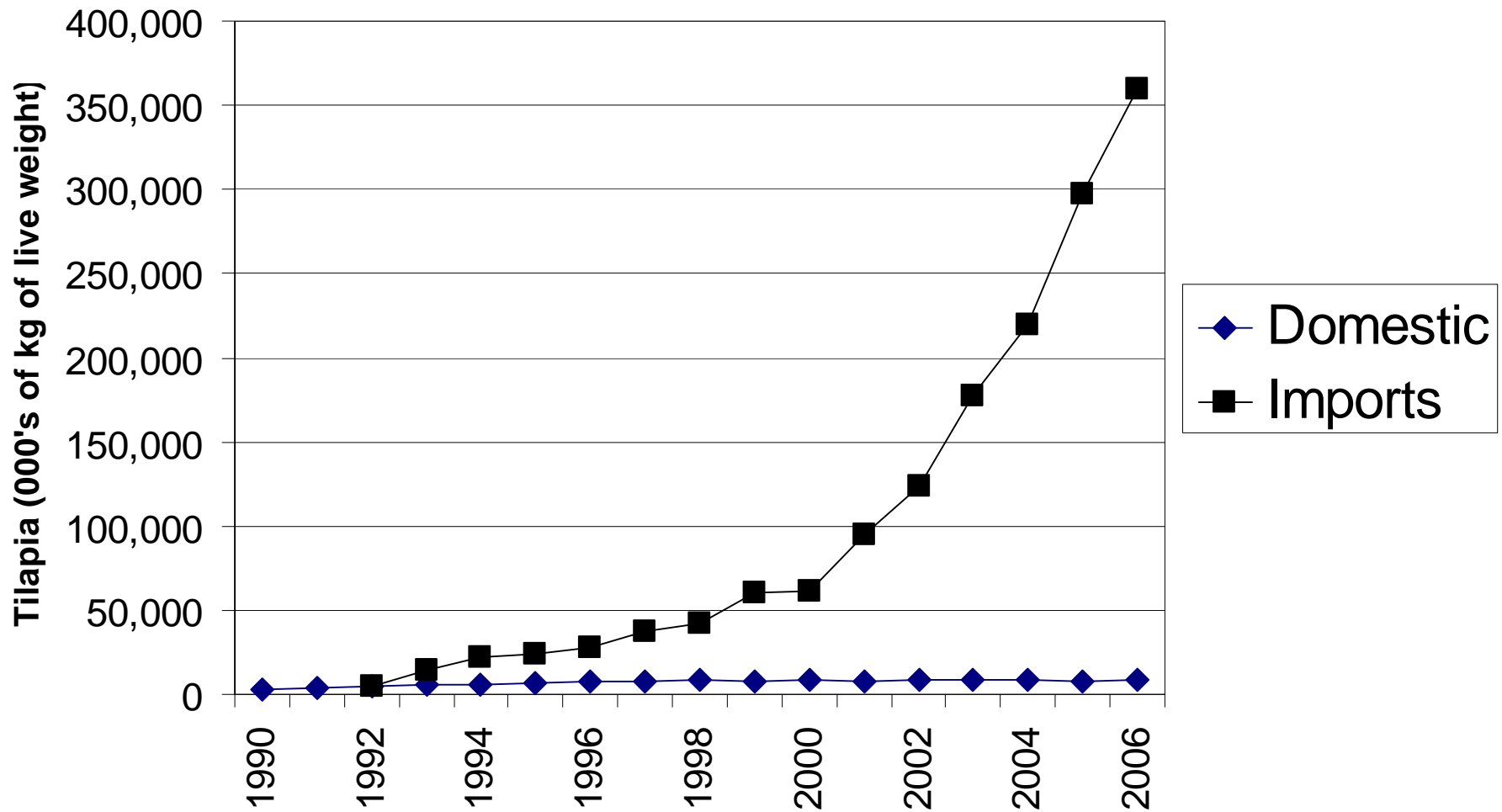
229,000 mt of live weight (equivalent) - 2004

306,410 mt of live weight (equivalent) – 2005

368,295 mt of live weight (equivalent) – 2006

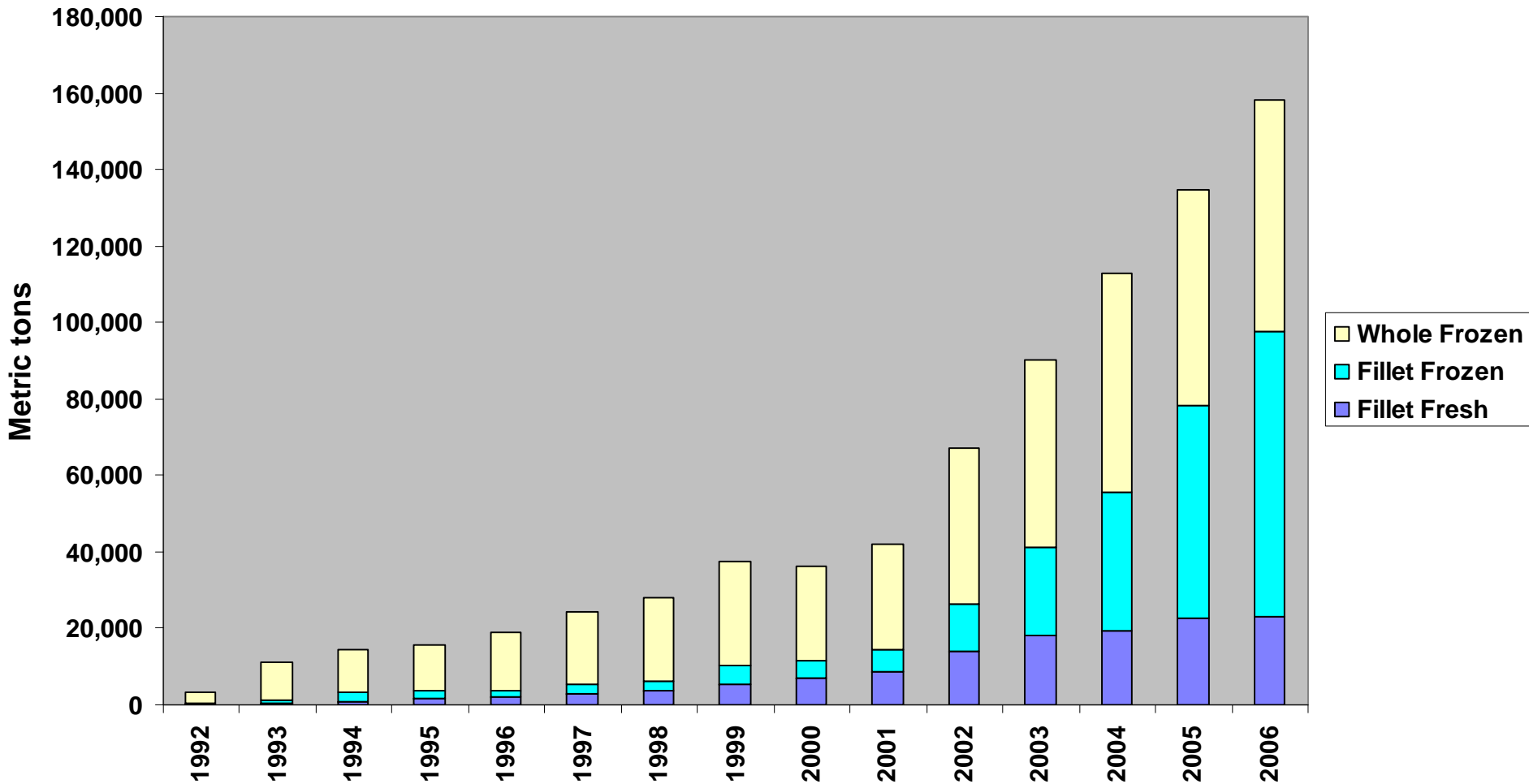


# US Consumption of tilapia from domestic and imported sources



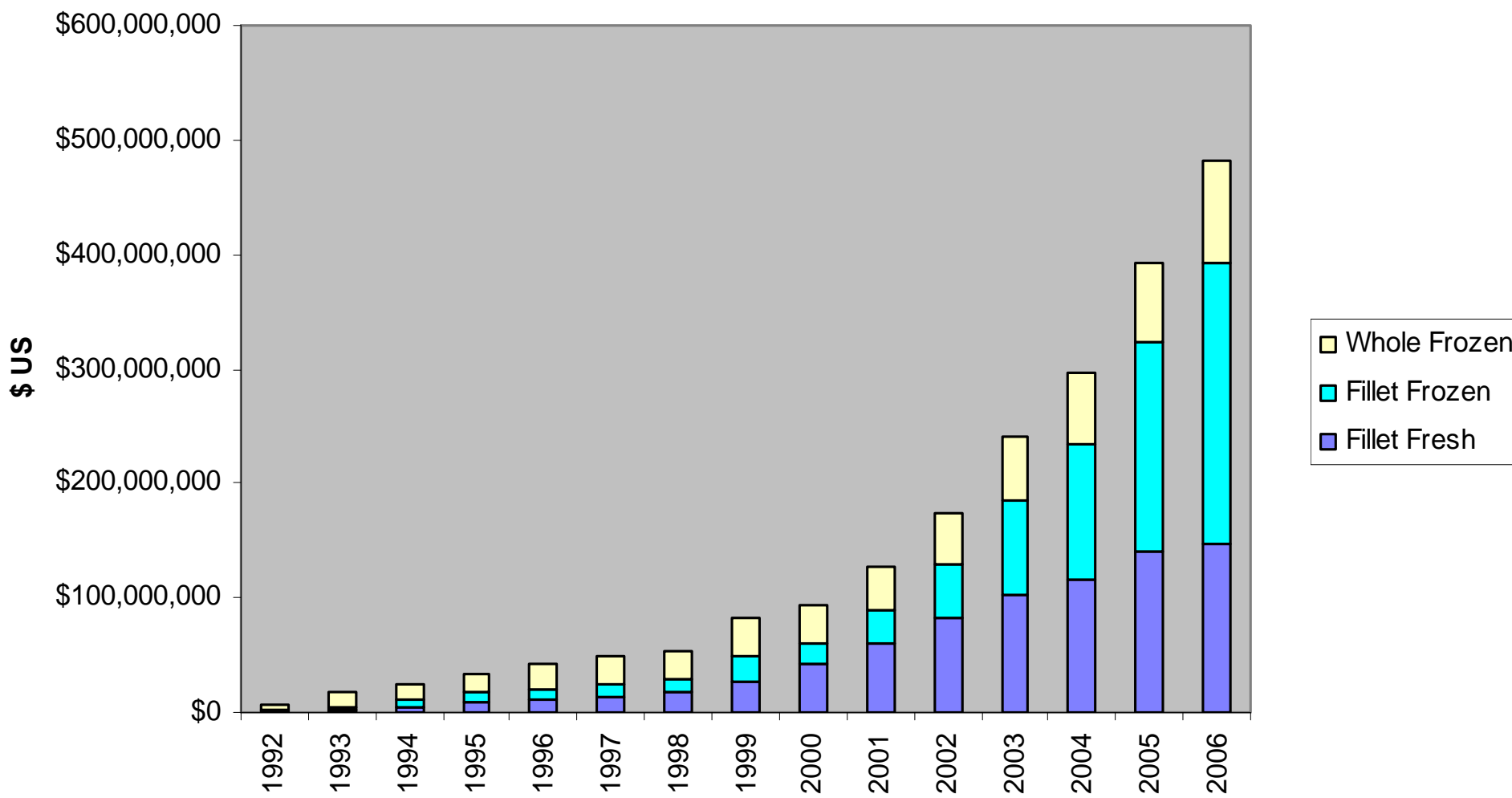
23,101 mt fresh fillets, 74,381 mt frozen fillets,  
60,772 mt whole frozen (2006)

Tilapia product forms imported to the U.S.



\$241,205,610 (2003)    \$297,413,000 (2004)    \$392,978,298 (2005)    \$482,742,515 (2006)

### Value of Tilapia product forms imported to the U.S.



# Tilapia (May 25, 2005 Madrid Daily)

Europe is following US trend of adopting tilapia as replacement for traditional fishes

MIÉRCOLES 25  
MAYO DE 2005

LA VIDA **Qué!** 25

ESPAÑA INVESTIGA LAS CUALIDADES DE ESTE PEZ LLENO DE VENTAJAS

## Tilapia, el pescado que comeremos el año que viene

N. ESCOBAR  
norta.escobar@quedaily.com

La tilapia es un pez aún desconocido en Europa, pero en un año podría llegar a sustituir al pescado de carne blanca (trucha, merluza, lubina). Varios países europeos (Francia, Bélgica...) están investigando con él; en Madrid lo hace el profesor Morris Villarreal de la Escuela Técnica Superior de Ingenieros Agrónomos de la Politécnica. Sus ventajas son: logra pasar de cien gramos a medio kilo en seis meses (la trucha tarda un año), es omnívoro y se reproduce bien. Ya está en algunos mercados.

**UN DESCONOCIDO MUY SANO**

**Podría sustituir a la trucha y el atún.**  
La alimentación de la tilapia es barata, ya que es un pez omnívoro. Se le puede dar de comer soja, lo que, además, puede reducir la contaminación del agua donde se crían. Tener un precio similar a la dorada, junto a su rapidez de crecimiento, es otra de las bazas con las que cuenta este pescado para sustituir a otros presentes en el mercado actual.

**Los empresarios aún no se arriesgan en Europa.**  
En Europa aún se está investigando la producción de este pescado. En España se han lanzado algunos empresarios en Valencia y Córdoba.

**En EEUU se conoce como el pescado sano.**  
La tilapia se produce en grandes cantidades en Estados Unidos y Canadá, aunque en estos países no venden el pescado entero, sino fileado. Allí "la tilapia es considerada por el consumidor como un pez sano", afirma Morris Villarreal. Ese es uno de los motivos por los que se vende muy bien. En Sudamérica, África y Asia también se cría, lugares donde suele ser más barato.



**Tiene una textura parecida a la dorada y no tiene casi grasa**

La textura de la tilapia "recuerda a la de la dorada, aunque es algo más compacta", afirma el profesor Villarreal. Además, este pez tropical no tiene sólo fama de sano, sino que lo es: junto a todos los aminoácidos esenciales, sólo tiene un 1% de grasa, mientras el atún tiene más del 10%. De momento, la tilapia sólo tiene una pega: no es un pez tan atractivo como otros visualmente por lo que se vende más en filetes.





# Tilapia (June 2007, Tesco, UK)

£8.99 kg

£4.08 lb

Whole  
Jamaican  
Tilapia

and Clubcard  
points too

 **\$18 US per kg whole fish!!!!**

*Finest*<sup>\*</sup>

£12.99 kg

Tuna Loins

# Off-flavor

- Off-flavor due to geosmin and MIB
- Many farms in Asia and Latin America utilize green water production systems
- Frequently have cyanobacterial blooms
- Testing for off-flavor before harvest, on arrival to processor, during processing



# Depuration systems

- ☞ Reduce feeding for several days in production unit and increase water flow
- ☞ Dedicated depuration system (tanks or raceways). Clean water for two or three days sufficient for majority removal of off-flavor compounds





# Hormones for sex reversal

- Methyltestosterone used for sex-reversal during first 21 days of feeding
- Dosage of 60mg/kg of feed
- Non- detectable level 90 days after cessation of sex-reverse diet, harvest still 4 -6 months later
- US-FDA INAD, approved for use during application process
- In developing countries concern for female workers handling the hormone while making feed



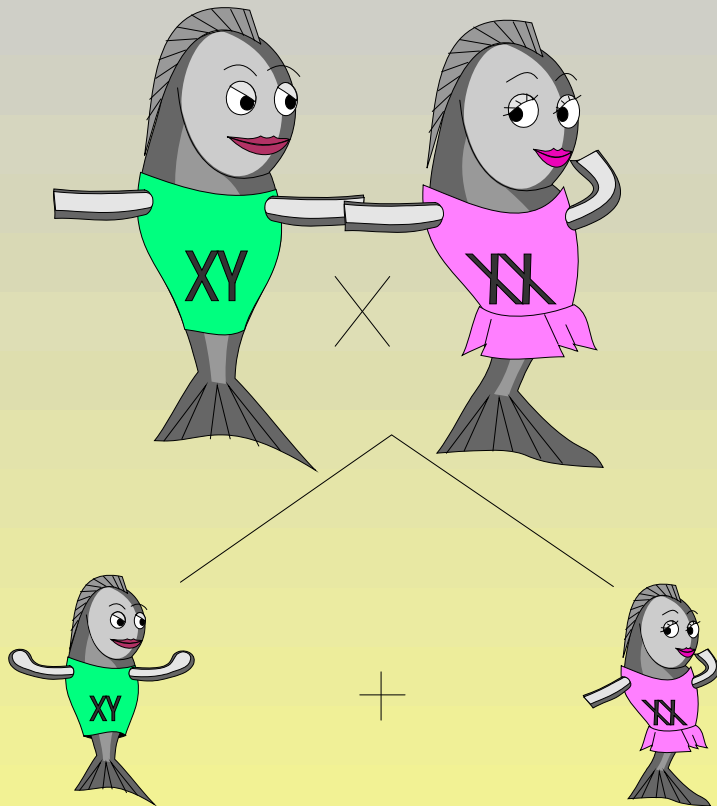
# The YY male technology

- Combines hormonal feminization of male fry, XY females are crossed to normal (XY) males producing  $\frac{1}{4}$  XX and  $\frac{1}{2}$  XY and  $\frac{1}{4}$  YY
- Use progeny testing to determine YY males
- YY males sire only male (XY) progeny from crosses with normal (XX) females
- All male progeny (actually  $\geq 95\%$  male) are known as genetically male tilapia (GMT<sup>®</sup>)



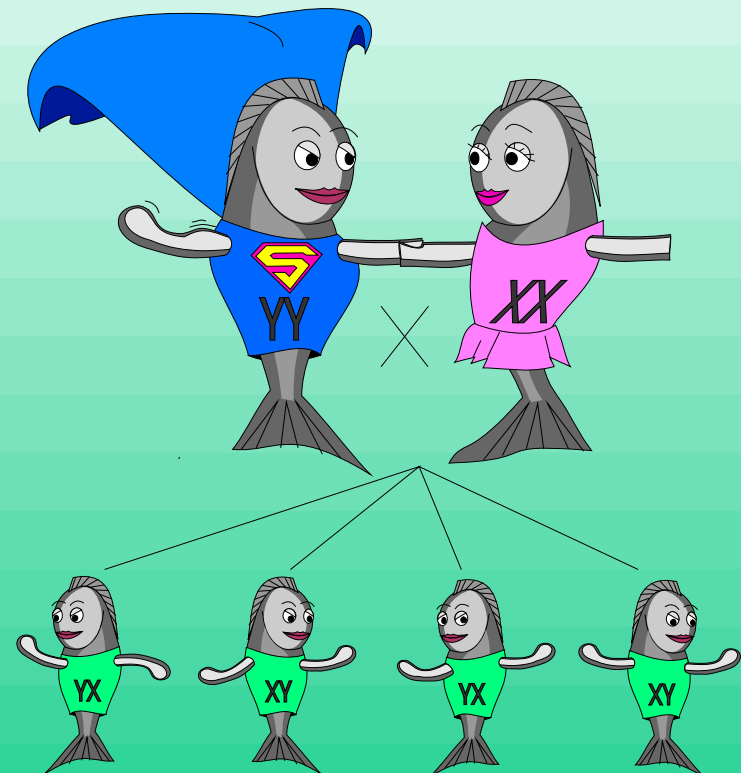
# The YY male technology

THEN



Normal crosses produce equal proportion of males and females

NOW



YY males produce only male progeny (GMT<sup>®</sup>)

# Use of antibiotics and resistance

- Streptococcus is primary bacterial pathogen in tilapia culture. Mostly in intensive, especially recirculating, production systems
- Vibrio bacteria have also been reported from marine and brackish water cultures
- Medicated feeds have been used commercially
- Some antibiotic resistance reported in Brazil



# Reducing antibiotic use

- Several vaccines have been developed for Strep
- Farmers in many countries have been warned against using antibiotics in tilapia aquaculture
- Reduced densities and improved water quality invariably ameliorate the problem



# Imports are mostly fresh and frozen fillets

- ☞ Processing and hand trimming of fillets
- ☞ Buyers are requesting fresh or fresh appearance even in frozen product



# Many fillets are treated with carbon monoxide (CO, also called liquid smoke)

- CO infuses into fillet and reacts with myoglobin
- Fillet maintains fresh appearance for longer period
- Little health risk, beyond disguising spoilage
- First method was to fill bags with CO and fillets for 10 minutes before freezing





# Carbon monoxide - CO

- Especially common at Chinese processors
- Initially CO infusion in bags, then moved to cabinets, now retort vessels





# Carbon monoxide (CO)

- ➡ Rapidly improving the technique, and providing safety to workers
- ➡ Must be labeled as an additive in US and EU



# Parasites

- ☞ Tilapia sometimes get heavy infestations of external parasites, which can affect growth rates. Very rare to get any internal parasites or serve as host for any human parasites
- ☞ Reports of fish contaminated with malachite green or methylene blue used to treat external parasites



# Pollutants and Contamination

- ☞ In Peru and India, tilapia have been reared in effluent from sewage treatment plants
- ☞ Tilapia can survive in very poor quality (polluted) water. (Sewage and industrial)
- ☞ No reports of contamination, but should be checked



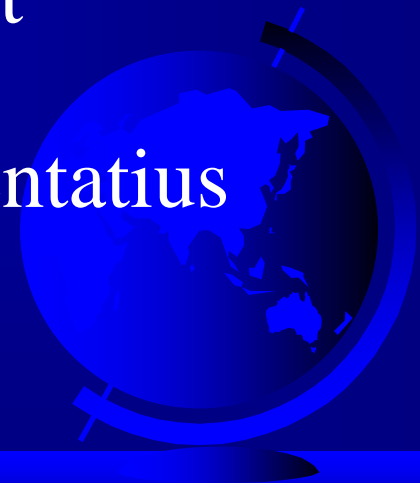
# Demands on farmers and processors

- ☞ Demands for more food safety, high quality, “organic” or “green” tilapia products.
  - No off-flavor
  - Reduce or eliminate use of methyltestosterone hormone.
  - No antibiotics, malachite green or other chemicals
  - Reduce or eliminate use of CO
- ☞ Improved processing quality
- ☞ More value-added tilapia products
- ☞ More demand for all forms, especially frozen meals
- ☞ Rapidly increasing demand from Europe



# ISO 9100 and ISO 22000

- ISO 9100 provides for certification of Hazard Analysis at Critical Control Points
- Covers product safety, plant and food hygiene, economic integrity, and product quality.
- ISO 22000, food safety management system, applies to all kinds of food processors linked to CODEX Alimentarius



# HACCP

- Hazard Analysis at Critical Control Points
- Planning procedure for documenting good production and processing practices
- Participants operate under approved plan with audits at random frequency
- Focus is on documentation of proper activities at important stages rather than stationing a permanent inspector at farm or processing plant.
- Greater focus on critical processing steps.
- More cost effective



# HACCP

- Examples:
- Document feed source and use, farm water quality, testing for off-flavor
- Document source, arrival time, temperature and condition of fish as they arrive at process plant
- Provide footbaths, hand washes and protective clothing for processing workers, document usage by having employees sign daily log
- Measure and record bacterial numbers on fillets during quality control



# NGO certifications

- NaturLand
- World Wildlife Fund
- Aquaculture Certification Council
  
- Each reviewing sustainability of aquaculture practices and providing a certification and marketing logo





# Improved quality control: Required for US, EU, and Japan markets

- ☞ Samples checked for bacterial and chemical contamination
- ☞ Follow HACCP procedures and EU guidelines
- ☞ Many plants are using ozone dips to reduce surface bacteria



# Why did tilapia avoid the import alert placed on Chinese farmed seafoods???

- Hardy fish that rarely need antibiotics or chemicals
- Proactive training of farmers and processors
- Importers demanding “clean” product
- Consumers expecting “green” fish

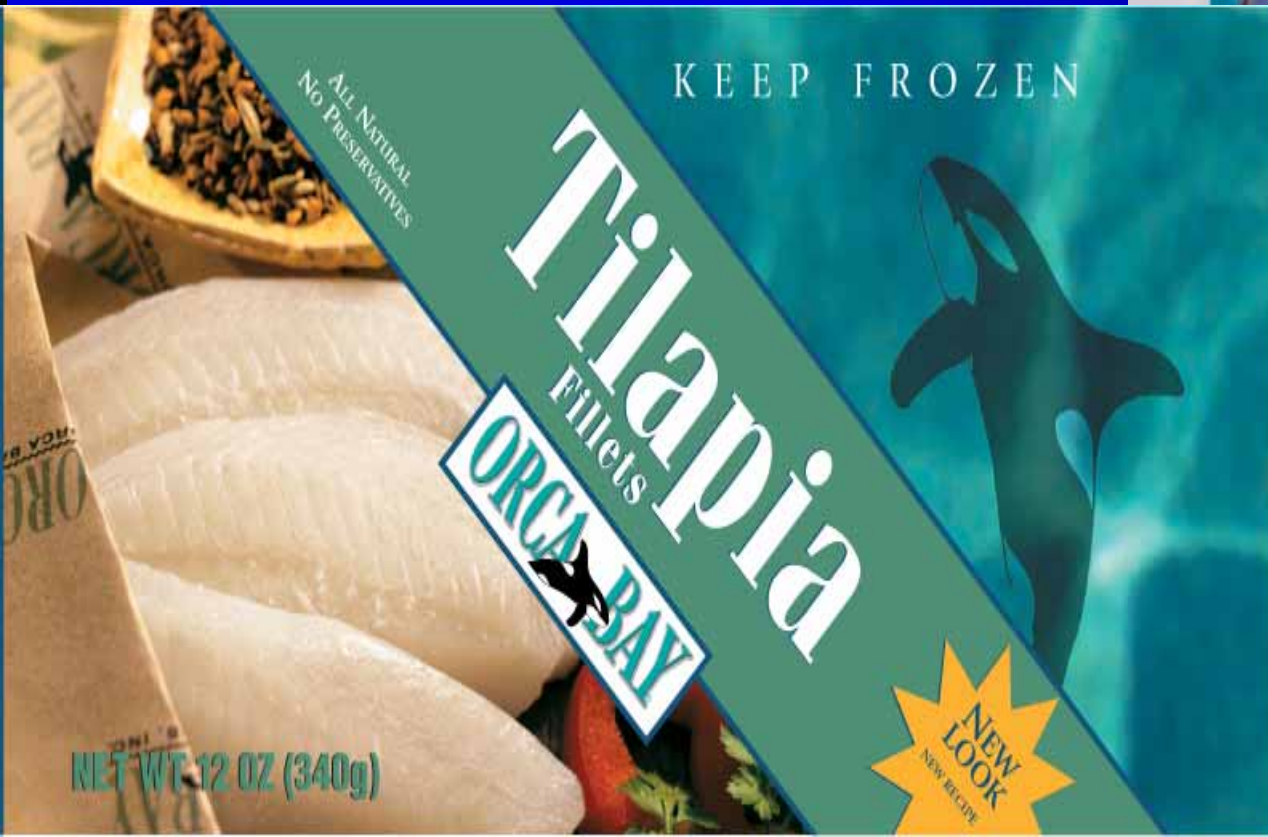


# Improvements in packaging





# IQF Fillets in re-sealable packages









RESEALABLE



MILD TASTING

# Tilapia Loins

Lean-cut,  
individually vacuum packed



REHEATING INSTRUCTIONS  
ENLARGED TO SAVE SPACE

**MICROWAVEABLE**

- NO Additives
- NO Preservatives
- NO Carbohydrates

NET WT. 40 oz (2.5 lb.) 1.13 kg



## Tilapia Loins

Lean-cut, individually vacuum packed

### COOKING INSTRUCTIONS

**Captain's Favorite Recipe**

1. Preheat oven to 350°F (175°C).  
2. Place loins in a baking dish.  
3. Bake for 15-20 minutes.  
4. Serve with lemon wedges.

### CAPTAIN'S FAVORITE RECIPE

**Ingredients:**  
4 loins  
1/2 cup butter  
1/2 cup lemon juice  
1/2 cup olive oil  
1/2 cup salt  
1/2 cup pepper

**Directions:**  
1. Preheat oven to 350°F (175°C).  
2. Place loins in a baking dish.  
3. Bake for 15-20 minutes.  
4. Serve with lemon wedges.

### about TILAPIA

Superior Quality & Taste!

Tilapia is a delicious, mild tasting white fish that has recently been promoted by the American Dietetic Association as one of the healthiest fish-eating alternatives. High in omega-3 fatty acids, tilapia is a lean protein source that is low in fat and calories. It is also a good source of Vitamin B12 and Selenium. Tilapia is a sustainable, responsibly sourced fish that is safe to eat.

### Nutrition Facts

Nutrition Facts	
Per 100g (3.5oz)	
Total Fat	0g
Cholesterol	0mg
Total Carbohydrate	0g
Protein	20g
Vitamin D	0%
Calcium	0%
Iron	0%
Sodium	0%

### Nutrition Facts

Serving Size 4 oz (113 g) about 3/4 - 1 fillet

Servings Per Container 10 (10)

Amount Per Serving

Calories 110

Calories From Fat 15

% Daily Value\*

Total Fat 2g

Saturated Fat 1g

Cholesterol 20mg

Sodium 20mg

Total Carbohydrate 0g

Dietary Fiber less than 0g

Sugars 0g

Protein 20g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

\*Percent Daily Values are based on a diet of other people's secrets. The only way to know for sure is to stop eating and start exercising. ©2008 High Liner Foods, Inc.

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This bag is packed to net weight, net by count. The product in this package is made from fillets of tilapia loins. The fillets are individually vacuum packed. Please refer to the bag for net weight and net count.



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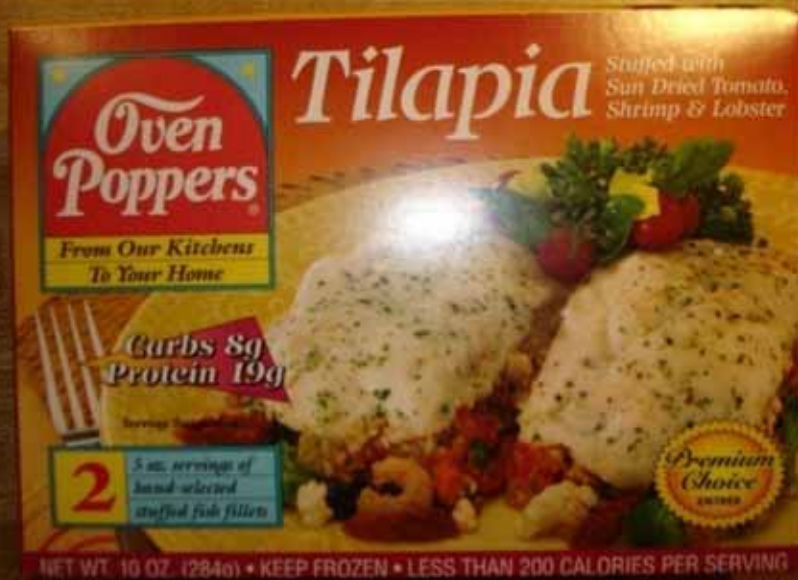


2008-01-01











# Tilapia Orange Juice



n Fat 5

y Value\*

1%

0%

0%

0%

13%

6g 9%

0%

**Ingredients:** 100% Pure pasteurized orange juice and MEG-3<sup>®</sup>\* (fish oil and fish gelatin).

Contains tilapia, sardine and anchovy.

\*Ingredient not found in regular orange juice.

 **MEG-3**<sup>®</sup>

*trust the source* <sup>®</sup>

MEG-3<sup>®</sup> and trust the source<sup>®</sup> are

# Conclusions

- Concerns for off-flavor
- Some customers will not accept hormone treated . Could be a safety issue for hatchery workers
- Minimal use of antibiotics, and vaccines should further reduce that
- Carbon monoxide is the most controversial quality issue



# Conclusions

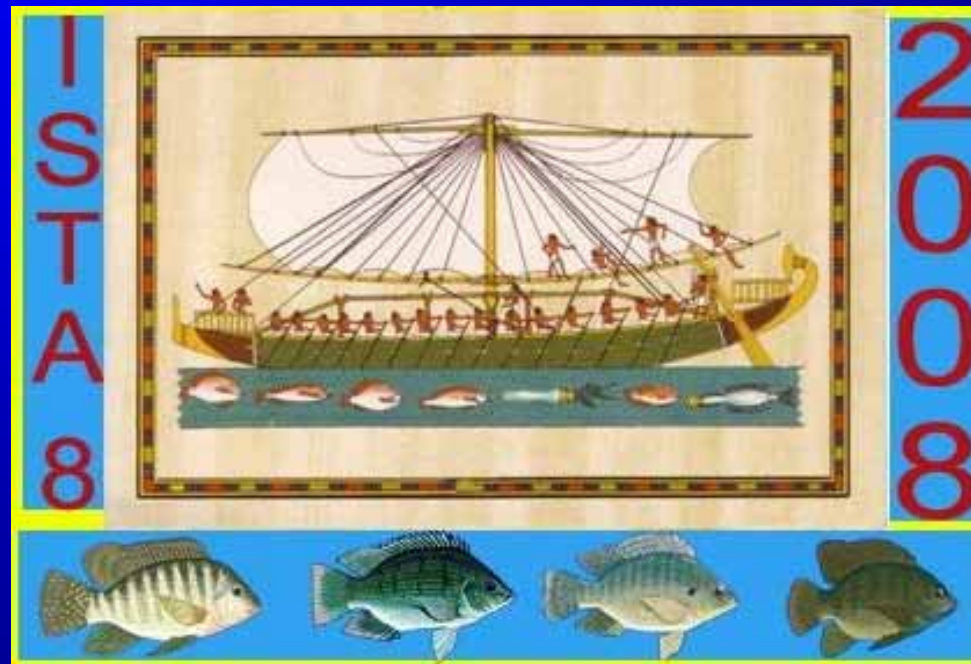
- ☞ ISO and HACCP and NGO certifications
- ☞ More demands for food safety, quality assurance, improved packaging, and environmental safeguards (with little if any increase in price)
- ☞ Farmers and processors will need to meet these demands by increasing efficiency, not price



# Eighth International Symposium on Tilapia in Aquaculture

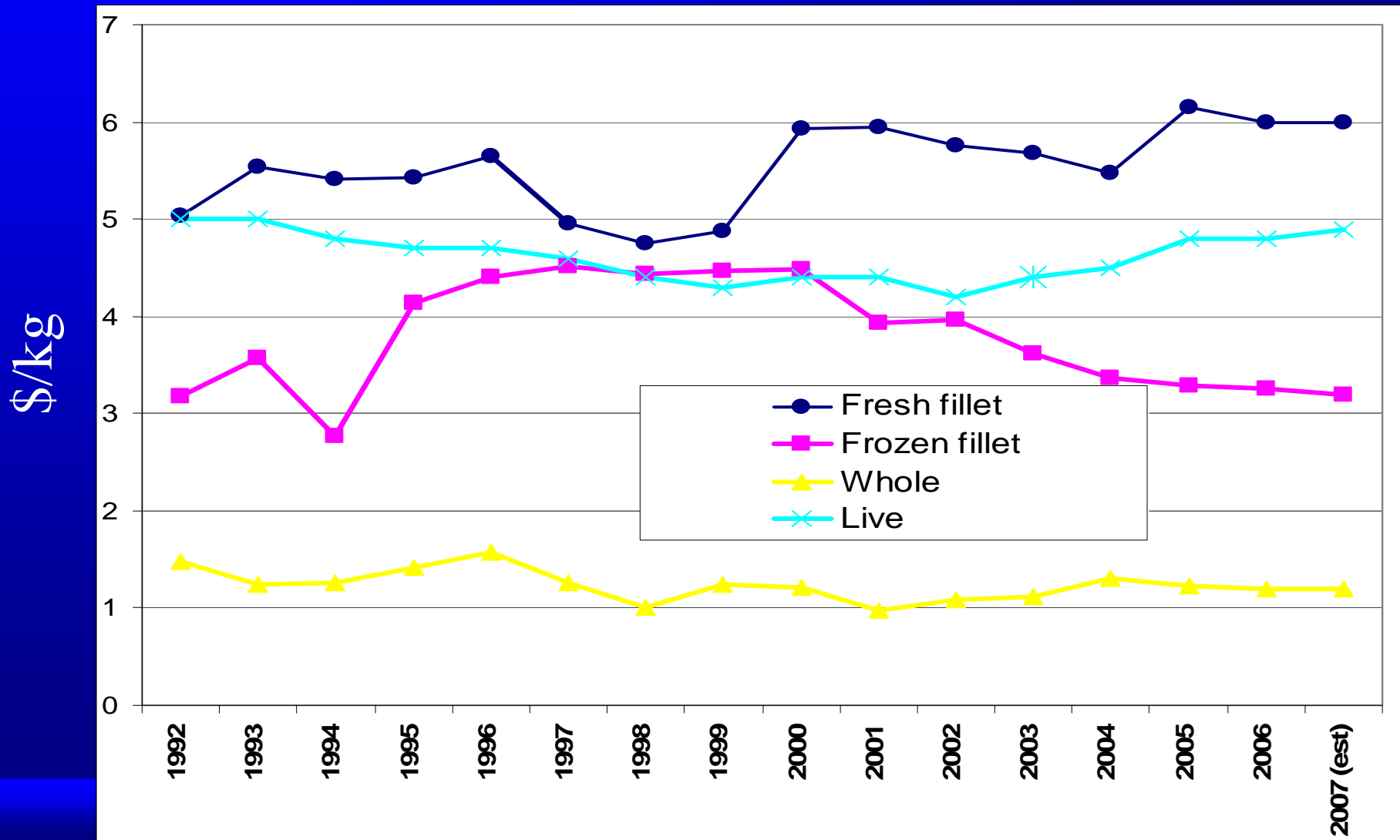
12-14 October, 2008

Cairo International Conference Center



# Global Tilapia Market Trends

Prices have been constant, only fresh fillets have increased slightly, will not see increases with inflation



# Current Global Market Trends

- Increase in demand for all forms of tilapia
- Demand increase will be greatest for frozen fillets
- Demand increase will be significant for fresh fillets
- High profit margin for prepared meals assembled and packaged in developing countries



# Global Aquaculture Tilapia Sales

➡ For year 2000 = US \$ 1,744,045,000

(FAO FishStat 2007)

➡ 2005 sales = \$ 2,457,312,000

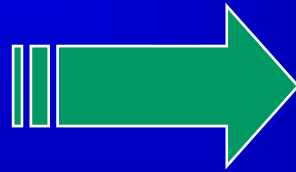
(FAO FishStat 2007)

➡ 2010 sales > \$ 5,000,000,000





# Tilapia Leather

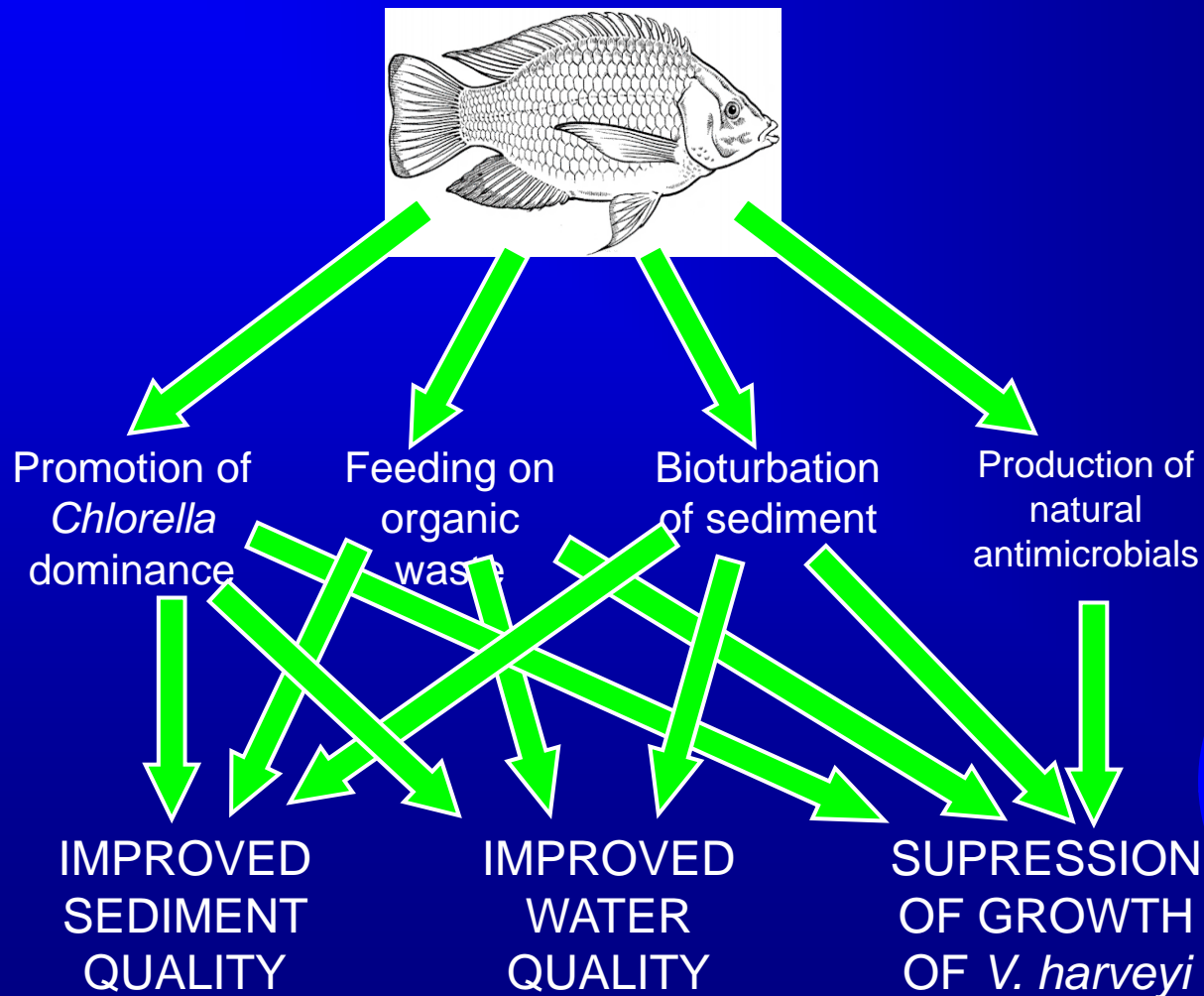




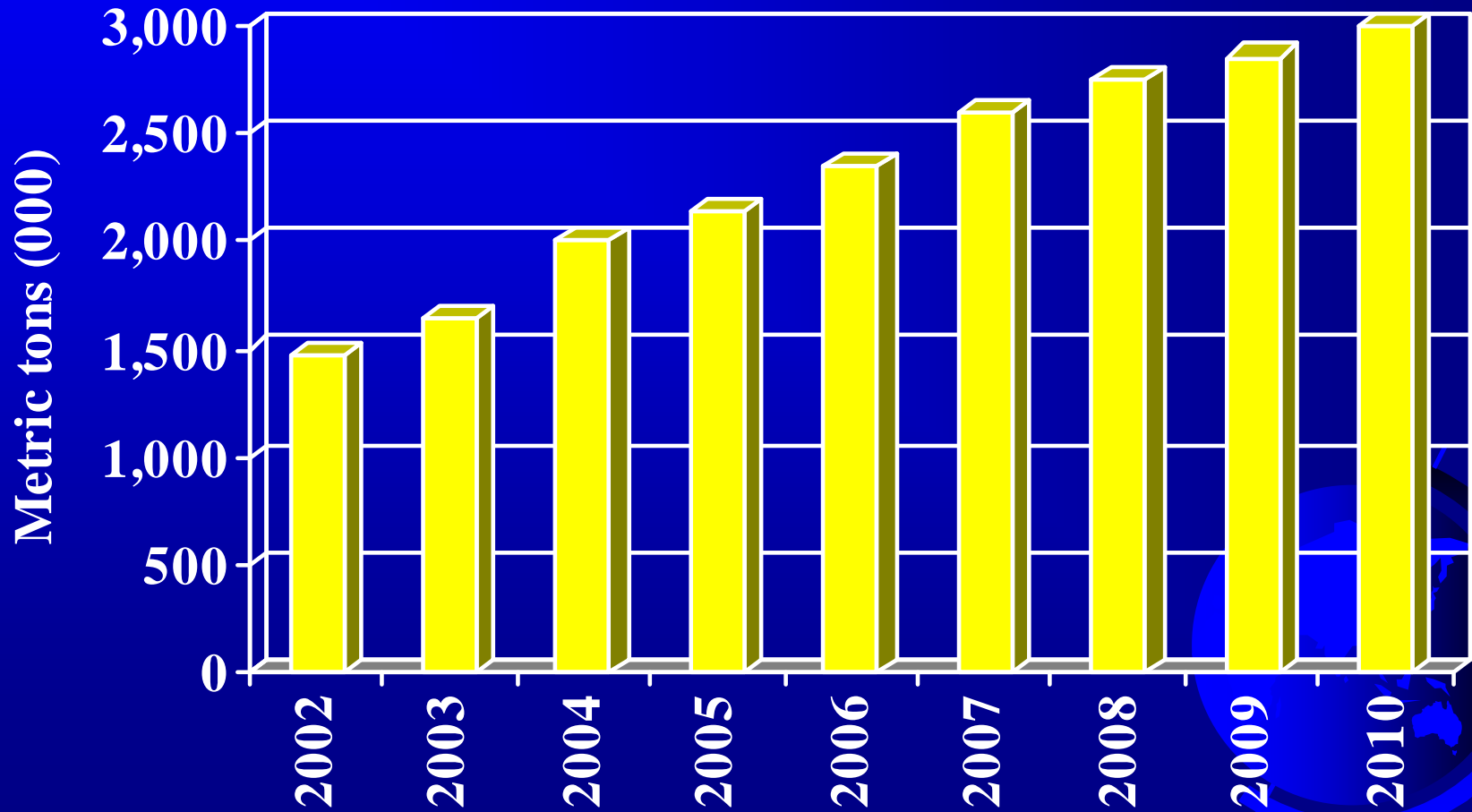
# Flowers made from Tilapia scales



# Pathways in the use of tilapia as biomanipulator in shrimp farms



# Future global tilapia aquaculture



**World Tilapia Production of  
2,381,237 mt in 2006**

