Antioxidant and Biological Activities of Three Morphotypes of *Murraya koenigii* L. from Uttarakhand

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### Abstract

The antioxidant activities of three morphotypes of *Murraya koenigii* L. were evaluated by ABTS and phosphomolybdenum assays along with plant polyphenolic constituents and reference antioxidants. All examined methanolic extracts showed significant activity to scavenge ABTS and hydroxyl free radicals, reducing power, iron chelating ability and total antioxidant capacity in the order: Brown>Dwarf>Regular. Total polyphenol content (111-532 mg/g), flavonoid (0.01-0.09%) contents in dried plant samples was determined spectrophotometrically. The present study indicates the value of *Murraya koenigii* L as good source of antioxidants especially brown type.

### Keywords:
*Murraya koenigii*, Morphotypes, Antioxidants; Flavonoids

### Introduction

The chemically unstable free radicals cause damage to proteins, DNA, lipid cells as a result of imbalance between the generation of reactive oxygen species (ROS) and the antioxidant enzymes [1]. Free radicals are part of aerobic life generated at low level during physiological functions [2]. They are known to revoltingly implicate in the pathogenesis of various diseases such as cancer, diabetes, cardiovascular diseases, aging, oxidative stress and metabolic syndrome. These radicals include superoxide anions, hydroxyl, nitric oxide and hydrogen peroxide radicals [3,4]. Antioxidants of natural and synthetic origin prevent the free radical damage by its protective role such as reacting with them, chelating catalytic metals and by playing as oxygen scavengers. In the intervening time, the ingestion of several synthetic antioxidants such as BHT and BHA has been reported toxic to man [5]. The importance towards natural antioxidant has now drawn attention and different kinds of plants and its parts have already been proved as natural antioxidant sources [6].

*Murraya koenigii* L. belong to family Rutaceae, a perennial shrub or small tree commonly cultivated in India, Sri Lanka and other Asian countries [7]. It is locally known as curry leaf plant due to presence of aromatic smell, ornament and used as a natural flavoring agent for various food preparations [8]. Leaves have somewhat pungent, bitter and weakly acidulous taste and these characteristics retained after drying. The leaves are highly valued as seasoning along with sliced onions in Indian and Asian countries cooking. Fresh leaves dried powder and volatile oils are comprehensively used in India to provide flavor in many food dishes preparation and materials [9,10]. Oil used in soap and cosmetic industries [11]. The presence of four chemo types’ β-pinene, α-pinene, β-caryophyllene, β-phellandrene are reported in India [12]. It is also having ability to control the spoilage of food used only or by synergistically combination mixture [13]. *Murraya koenigii* L can be propagated by mounting the small suckers from the base of the tree, by root cutting, or by seed propagation.

*M. koenigii* L. in India used as herb in Ayurvedic medicine preparations. Leaves and roots can be used to cure piles and relieve heat of the body, dehydration, tenderness and itching. It has been reported previously that much valued as an anti-diabetic [14], antioxidant [15], antifungal, antimicrobial, cytotoxic properties [16], anti-inflammatory, antitumor promoting [17], anti-hypercholesterolemic, kidney pain-relief, hepatoprotective activities. *Murraya koenigii* L is recognized to be the good source of carbazole alkaloids. The other phytochemicals isolated and characterized so far from the leaves are alkaloids such as mahanine [18], koenine, koenigine, koenidine [19], girinimbil, girinimbine [20], koenimbine, O-methyl murayamine A, O-methyl mahanine, isomahanned, bismahanned, bispyrafafoline [21] and rich source of iron. It is also reported to contain 5,8-dimethylfuranocoumarin, 1-al, 3(6', 6' dimethyl 5-hexene) carbazole and β-sitosterol [22].

Uttarakhand state covers an area of 53,485 sq. km., accounts for almost 15.5% of the total geographical area of Western Himalayas. The majority of the northern places of the state are covered by the Himalayan ranges and glaciers, while the lower reaches are densely forested. Due to these immense altitudinal variation, extensive array of climatic zones are available, which favors the luxuriant growth of diversified and rich vegetation. The authors examined/collected and identified *Murraya koenigii* L comes in three different morphotypes in respect to color, size of leaves, habitat of plant, flavor of the plant and named such as Brown/Gamthi (GM), regular (RE) and Dwarf (DF). Regular type grows as tall and is the fastest growing plant, great looking and leaves, extipulate, bipinnately compound, long, having reticulated venation with dark green color available in all over India. Dwarf type grows as shrub with branches are spread and appears as bushy and leaves are light green, look like regular with little taller with aromacity of its own. Gamthi/Brown type is most fragrant very thick smallest leaf structure but slowest of all the curry trees. Leaves edges are serrated the most flavor and they are smaller and dark brown in color. All the three morphotypes of curry leaf plant differ in the intensity of flavor.

The objective of this study was to investigate the variations in antioxidant and other biological properties of three morphotypes.
Materials and Methods

Ultra pure water used for bioassays was prepared in-house using a Sartorius arium 611 UF water purification system. Solvent (Methanol) used for extraction were of HPLC grade and were purchased from Merck. Folin-Ciocalteu’s phenol reagent was purchased from SRL (Mumbai). Ferrozine was procured from Himedia (India). ABTS- 2, 2 azinobis(3-ethylbenzthiazoline-6-sulfonic acid) chromophore, Diammonium salt of Flavonoids in extracts was expressed in terms of rutin equivalent (mg of Ruig of extract).

Reducing potential assay

The reducing power of three types of Murraya koenigii L. methanolic extract was determined by Oyaizu method [25] in which Substances, which have reduction potential, react with potassium ferricyanide (Fe3+) to form potassium ferrocyanide (Fe2+), which then reacts with ferric chloride to form ferric ferrous complex that has an absorption maximum at 700 nm. The different concentration of extract (10-50 µg/mL) in the test tube was mixed with 2.5 mL of 0.2 M phosphate buffer (pH=6.6) and 2.5 mL of 1% potassium ferricyanide [K3Fe(CN)6] solution. The mixture was incubated at 50°C for 20 min, 2.5 mL of 10% Trichloroacetic acid was added to mixture and centrifuged at 3000 rpm for 15 min. The upper layer of supernatant (2.5 mL) was mixed with 2.5 mL of distilled water and 0.5 mL of 0.1% FeCl3, and the absorbance was measured using double beam spectrophotometer at 700 nm. L-Ascorbic acid was used as reference standard and phosphate buffer used as blank. Increased absorbance of the reaction mixture indicated potency of reducing power. All samples and readings were prepared and measured in triplicate.

Iron chelation activity

The chelating effect on ferrous ions was determined according to the method of Dinis [26] with little modifications. The principle was that the Ferrozine reagent can quantitatively form complexes with Fe2+. In the presence of chelating agents, the formation of complex is disrupting, results in decrease of the colored complex and its measurement is the potential of the metal chelating activity. The three extracts were tested; each test solution was prepared by mixing 0.25 mL of extract at different concentration with 0.06 mL of 2 mM FeCl3. This was followed by the addition of 0.2 mL of 2 mM ferrozine and finally the volume is increased by adding 4 mL of solvent, shaken and left to react at room temperature for 10 min before determining the absorbance of the mixture at 562 nm. All samples are analyzed in triplicates and mean value was represented. The chelating effect (%) was calculated as

\[ \text{Metal Chelating effects(\%)} = \%\text{Inhibition} = \left(\frac{A_0 - A_1}{A_0}\right) \times 100 \]

where A0 was the absorbance of the control/blank (without extract) and A1 was the absorbance of the extract or standard.

Hydroxyl radical scavenging activity assay

The three types scavenging activity for hydroxyl radicals were calculated with Fenton reaction [27]. Hydroxyl radicals was generated in vitro by mixing ferrous ion (Fe2+) with hydrogen peroxide and 1,10-phenanthroline. Phenanthroline-Fe2+ is an indicator of redox reaction. The H2O2/Fe2+ system generate hydroxyl radicals through Fenton reaction and Phenanthroline-Fe2+ complex oxidises to Fe3+. Reaction mixture contained 60 µL of 1.0 mM FeCl3, 90 µL of 1 mM 1,10-phenanthroline, 2.4 mL of 0.2 M phosphate buffer (pH 7.8), 150 µL of 0.17 M H2O2 and 1.5 mL of extract at various concentrations. Adding H2O2 started the reaction. After incubation at room temperature for 5 min, the absorbance of the mixture at 560 nm was measured with a double beam spectrophotometer. The hydroxyl radicals scavenging activity was calculated.
%Inhibition = \left[ \frac{(A_0 - A_1)}{A_0} \right] \times 100

Where \(A_s\) was the absorbance of the control (blank, without extract) and \(A_1\) was the absorbance of the extract or standard.

Scavenging of Hydrogen Peroxide

The ability of the three types of Murraya koenigii L. to scavenge \(H_2O_2\) was determined according to the method described by Ruch et al. [28]. The principle of this method is that there is a decrease in absorbance of \(H_2O_2\) upon oxidation. A 2 mM of \(H_2O_2\) was primed in phosphate buffer (pH 7.4) and concentration was determined spectrophotometrically at 230 nm (Perkin Elmer UV-Vis spectrophotometer). The different concentration of extract (5-25 µg/ml) in distilled water was added to a \(H_2O_2\) solution (0.6 ml, 2 mM) and the absorbance of \(H_2O_2\) at 230 nm was determined after 20 min against a blank solution in phosphate buffer without \(H_2O_2\). The percentage of scavenging activity of \(H_2O_2\) of Murraya koenigii L. and standard (Ascorbic acid) compounds was calculated by using the equation

%Inhibition = \left[ \frac{(A_0 - A_1)}{A_0} \right] \times 100

where \(A_0\) was the absorbance of the control (blank, without extract) and \(A_1\) was the absorbance of the extract or standard (Ascorbic acid).

Molybdenum reduction potential

The phosphomolybdenum reduction capacity of extracts was evaluated by using method according to the procedure of Prieto et al. [29]. This assay is based on the principle of reduction of Mo (VI) to Mo (V) by the activity of antioxidant compounds and the subsequent formation of a green phosphate/Mo (V) complex at acidic pH with a maximal absorption at 695 nm. A volume of 0.4 mL extract at concentration of 1 mg/mL was mixed with 4 mL of reagent. The reagent was prepared using 0.6 M sulphuric acid, 28 mM sodium phosphate, 4 mM ammonium molybdate. The tubes were covered and incubated in water bath at 90°C for 45 min. Bring down the temperature to Room temperature (RT) and absorbance was measured using double beam spectrophotometer at 695 nm. The blank solution was prepared by adding 4 ml reagent solution and an appropriate volume of the same solvent was used for the extract. The mean of the 3 readings was used and expressed as mg of ascorbic acid equivalents (AAE)/g extract.

ABTS radical cation decolorization assay

The ABTS cation radical scavenging action is known to be one of the various mechanisms for measuring antioxidant activity of foods. It is based on the neutralization of a radical-cation arising from the one-electron oxidation of the synthetic chromophore 2,2′-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS): ABTS•-e-ABTS•-. This ABTS method determines the antioxidant activity of hydrogen donating antioxidants and of chain breaking antioxidants. This method was not only a rapid and reliable test of antioxidant capacity but also an advantageous assay applicable to both hydrophilic and lipophilic antioxidants/systems [30]. ABTS•- radical stock solution was prepared by reacting 7 mM ABTS (2,2′-azino-bis- (3-ethylbenzothiazoline-6-sulfonic acid) and 2.45 mM potassium persulphate (K2S2O8) in a ratio of 1:0.5 results incomplete oxidation and allocate the mixture to stand in the dark at room temperature for 12-16 h before use [31]. The stock solution was diluted with solvent and PBS (pH 7.4) to give absorbance of 0.7 (± 0.02) at 734 nm at RT. The radical decoloration assay was performed in a volume of 1 ml of diluted ABTS•- solution and 20 μL volume of extract or standard compound (final concentration of 10-50 ug/mL) and absorbance reading was recorded at RT accurately 1 min after initial mixing up to 20 min. Respective solvent blank was run and determinations were carried at least five times of standard and samples. The percentage inhibition of radical absorbance at 734 nm was recorded and IC50 values calculated

%Inhibition = \left[ \frac{(A_0 - A_1)}{A_0} \right] \times 100

where \(A_0\) was the absorbance of the control (blank, without extract) and \(A_1\) was the absorbance of the extract or standard.

Results and Discussion

Total phenolic content

Total phenolic content of methanolic leaf extract of three morphotypes of Murraya koenigii L. was estimated by Folin-Ciocalteu reagent and results were expressed as equivalents of Gallic Acid. Among three extracts, (Table 1) Gamthi typemethanolic extract has the more phenolic content over Dwarf and Regular methanolic extract. The phenolics are the well-known group of secondary metabolites and comprise a large group of biologically active compounds [32]. The antioxidant activities of phenols were credited to their redox properties, which permit them to act as reducing agents, hydrogen donors and singlet oxygen quenchers, as well as their metal chelating abilities. It was presented that phenol antioxidant index is a measure of quality antioxidant property of the leafy vegetable. The phenolic compounds exhibit scavenging efficiency of free radicals and reactive oxygen species was due to their phenolic hydroxyl groups that have the ability to scavenge radicals and widely distributed in plant kingdom [33].

The study of phenolics compound in food has been exhaustive after the investigation on red wine explained that moderate consumption of red wine which contains polyphenols help in the prevention of cardiovascular diseases [34]. Phenolic compounds also can do other biochemical activities such as antimutagenic, anticarcinogenic and the ability to modify expression of genes [35] (Figure 1).

<table>
<thead>
<tr>
<th>Extract</th>
<th>Yield (%)</th>
<th>Total Phenolic Content* (mg/g)</th>
<th>Total flavonoids content (mg/g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dwarf type</td>
<td>4.8</td>
<td>168.2 ± 2.58</td>
<td>4.82 ± 1.58</td>
</tr>
<tr>
<td>Regular type</td>
<td>3.5</td>
<td>111.6 ± 3.85</td>
<td>3.58 ± 2.33</td>
</tr>
<tr>
<td>Gamthi type</td>
<td>2.9</td>
<td>532.8 ± 2.61</td>
<td>6.01 ± 3.21</td>
</tr>
</tbody>
</table>

*Values are means ± SE of three experiments. Value with letters is significantly different (p < 0.05).

Table 1: Contents of phenolics, flavonoids in three morphotypes of Murraya koenigii L.

![Figure 1: Phenol content of Murraya koenigii L. methanolic extracts in comparison form.](image-url)
Total polyphenols in all the methanolic extract samples was expressed in terms of gallic acid equivalents (GAE) with the standard curve equation of \( y = 0.0018x - 0.0042 \) \( (r^2 = 0.999) \). The chief criteria that distinguish the Gamthi extract from the regular and dwarf extracts is the former may contain more number of polyphenolic compounds and express the more quantity of phenolics production with more fragrance. However, it was not known whether the differences in the level of polyphenol detected are contributed or affected by presence and absence of more chlorophyll in the extract.

**Flavonoids content**

The flavonoids are important secondary metabolite of plant modulating lipid peroxidation involved in atherogenesis, thrombosis and carcinogenesis. It has established that pharmacological effect of flavonoids is associated with their antioxidant activities [36]. *Murraya koenigii* L. methanolic extract might be accredited to the high concentration of flavonoids so it can support for management of hypertension, obesity and diabetes and it also have been proved. The concentration of flavonoids in various methanolic plant extracts of the species *M. koenigii* L. was determined using spectrophotometric method with aluminum chloride. The amount of flavonoids in three types of *Murraya koenigii* L. ranged from 4-6 mg/g expressed in terms of rutin equivalent.

**Reducing potential assay**

The reducing power assay is used to test the reducing capability of the *Murraya koenigii* L. types leaf extracts to reduce the ferricyanide \( (\text{Fe}^{3+}) \) complex to their ferrous form \( (\text{Fe}^{2+}) \). The reducing power of the plant extract components might serve as a significant indicator of its potential antioxidant activity [37]. Higher reducing power might be accredited to higher amounts of phenolics, reductones and flavonoids and may reflect its antioxidant potential. Different studies have been pointed that the reducing property compounds are electron donors which may begenese-associated which have been shown to exercise antioxidant action by breaking the free radical chain through the donation of a hydrogen atom [38]. Reducing power is normally linked with the occurrence of reductones which exert antioxidant action by breaking the free radical chain. Reductones can also reduce the oxidized intermediates of lipid peroxidation processes, so they can act as primary and secondary antioxidants.

Figure 2 shows the plot of reducing power of three types of methanolic extracts incorporation form with each other. At different tested concentrations \( (0.50-250 \, \mu g/mL) \) all samples displayed the ability to reduce \( \text{Fe}^{3+} \) ions. The reducing power of the extracts increased with concentrations in a robust linear manner \( (R^2=0.82-0.99) \). Gamthi displayed highest powerful effect in comparison with Dwarf and regular type.

**Iron chelation activity**

Iron is well-known for the formation of free radicals through the Fenton and Haber-Weiss reaction. Metal ion chelating activity of antioxidants in the extract stops the formation of o xo radicals and the resulting oxidative damage. Metal ion chelating property is a sign of antioxidant activity; it reduces the concentration of the catalysing transition metal in LPO [39]. It was investigated that chelating agent which can do \( s \)-bonds with a metal, are valuable as secondary antioxidants because they reduce the redox potential thereby stabilizing the oxidized form of the metal ion [40]. The chelating activity of ferrous ions by the three types extract of *Murraya koenigii* L. is shown in Figure 3. Ferrozine can quantitatively form complexes with \( \text{Fe}^{2+} \). In the presence of chelating agents, the formation of complex is disrupting, results in decrease of the colored complex and its measurement is the potential of the metal chelating activity. In this assay, all the three extracts and standard compounds interfered with the formation of ferrous and ferrozine complex, signifying the chelating activity. Gamthi methanolic extract may be explored clinical relevance in the treatment of iron-overload disorders such as thalassemia and results in the production of iron chelators due to its elevated chelating ability in vitro at low doses. Thalassemia is a genetically inherited blood disorders characterized by defective globin chain of haemoglobin and iron overload. Iron chelators from the plant methanolic extract will decrease iron availability in the blood circulation of thalassemic patients (Table 2).

**Hydroxyl scavenging activity**

Hydroxyl radical is an immensely reactive oxygen species, *IC*\(_50\) value: concentration at which iron (II) ions were chelated by 50%, respectively.

<table>
<thead>
<tr>
<th>Extract</th>
<th><em>IC</em>(_50) (ug/mL)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dwarf type</td>
<td>337 ± 5.6 ug/mL</td>
</tr>
<tr>
<td>Regular type</td>
<td>452 ± 12.5 ug/mL</td>
</tr>
<tr>
<td>Gamthi type</td>
<td>128.8 ± 10.1 ug/mL</td>
</tr>
<tr>
<td>EDTA</td>
<td>13 ± 0.9 ug/mL</td>
</tr>
</tbody>
</table>

*Table 2: Iron(II) ions chelating activities of methanolic extracts and a reference chelator.*

Figure 2: Reducing power of *Murraya koenigii* L. methanolic extracts of different types.
compotent of modify numerous biological molecules in the cells. It can able to cause DNA damage by compete with deoxyribose for hydroxyl radicals leading to carcinogenesis, mutagenesis and cytotoxicity, capable of initiating the process of lipid peroxidation by abstracting hydrogen atoms from unsaturated fatty acids. They can also acquire hydrogen atoms from other biological molecules such as thiols, results to development of sulphur radicals which can do combine with oxygen to generate oxysulphur radicals, which damage biological molecules [41].

The radical scavenging capacity of three *Murraya koenigii* L. methanolic extracts, polyphenolic compounds are presented in Figure 4. All the extracts make use of inhibitory activities on the hydroxyl radical formation in a concentration relative manner. Among the studied plants, Gamthi showed the highest activity, with an IC$_{50}$ value of 171 ± 2.9 μg/mL and these results were in accordance with findings obtained by the ABTS assay. Moreover, the scavenging ability on hydroxyl radicals was in the order: Gamthi>Dwarf>regular. The IC$_{50}$ value of Dwarf, Regular and rutin was 365 ± 2.1 μg/mL, 471 ± 1.8 μg/mL and 28.5 μg/mL, respectively.

**ABTS assay**

In present study, the three methanolic extracts of different cultivator types of *Murraya koenigii* L. showed notable ABTS$^+$ cation radical scavenging activity. The highest ABTS scavenging activity of Gamthi was attributed to the presence of higher levels of total phenolic compounds.

Figures 5-7 show the percent inhibition of ABTS radical scavenging activity with experienced *Murraya koenigii* L. methanolic extracts compounds at different concentrations (50-200 μg/mL). The percentage of scavenging ABTS$^+$ of three plant extracts were 12-75% at concentration of 40 μg/mL, respectively. Capability of the examined samples to scavenge ABTS were evaluated on the basis of their IC$_{50}$ values as they express the amount of the antioxidant needed to decrease the radical concentration by 50%. The IC$_{50}$ values obtained in this study are 81.6, 118.4 and 21.4 μg/mL of Dwarf, regular and Gamthi type of *Murraya koenigii* L. The scavenging effect of the samples on the ABTS radical was found in terms of Ascorbic acid equivalents: Gamthi>Dwarf>Regular. Among the all tested plant samples, methanolic extract of *M. koenigii* gamthi exhibited the most effective radical scavenging activity (IC$_{50}$=21.4 μg/mL) which was alsosignificantly stronger (p<0.05) than other two samples. This can be attributed mainly to higher phenolic amount of plant especially phenolic acids, flavonoids than of other plant samples.

**Molybdenum reduction potential**

Total antioxidant capacities of three *Murraya koenigii* types of methanolic phenolic extracts in comparison between them were evaluated by phosphomolybdenum method. The calculated results are
than the other two morphotypes. Moreover, the Gamthi showed extensively high antioxidant activity to cease the radical chain reaction, act as reducing agents, and chelating metal ions.

The highest total antioxidant capacity was found in the Gamthi type with a value of 1268 AAE per gram of extract. The dwarf type showed 621.2 ± 3.88 AAE, and the regular type showed 641.6 ± 2.15 AAE. The values are means ± SE of three experiments. Value with letters is significantly different (p <0.05) compared to other types.

Table 3: Antioxidant activity of Murraya koenigii selected types by molybdenum assay

<table>
<thead>
<tr>
<th>Extract</th>
<th>Antioxidant activity (AAE/mg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dwarf type</td>
<td>621.2 ± 3.88</td>
</tr>
<tr>
<td>Regular type</td>
<td>641.6 ± 2.15</td>
</tr>
<tr>
<td>Gamthi type</td>
<td>1268.8 ± 1.71b</td>
</tr>
</tbody>
</table>

* Values are means ± SE of three experiments. Value with letters is significantly different (p <0.05).

Table 3 shows that the Gamthi type had the highest antioxidant activity, followed by the dwarf type, and then the regular type. The antioxidant activity increased with the type of extract.

Conclusion

In the present work, the comprehensive polyphenolic contents of M. koenigii three morphotypes species such as dwarf, regular and Gamthi with their related antioxidant activities were demonstrated for the first time. Our investigation results showed that all the tested morphotypes are capable of directly quenching free radicals to cease the radical chain reaction, act as reducing agents, and chelating of transition metals to suppress the initiation of radical formation. Moreover, the Gamthi showed extensively high antioxidant activity than the other two morphotypes.

References


