

In the face of overwhelming problems and growing

complexity

it is tempting to feel powerless. It seems that decisions are made somewhere beyond our reach.

“The problem is – I already feel **overwhelmed**. I feel completely and utterly powerless...”

Joe Litobarski, blogger, Italy

JOEL SARTORE/NATIONAL GEOGRAPHIC/GETTY IMAGES



DIMITRI VERTSIOTIS/GETTY IMAGES

What can **one person** achieve?

I feel so **small**... It's too **complicated**. Where do I begin? I'm **too busy**...



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A woman bewails the destruction of her slum home, Dhaka, Bangladesh

“We all have a choice. We can allow ourselves to be paralyzed by despair over the negative trends or we can **join the many courageous people of goodwill** who are trying to build a better world.” Steven C. Rockefeller



UNUSUAL ANIMALS

SEA CUCUMBER

The Eynpniastes deep-sea sea cucumber swims gracefully at about 2cm per minute while sweeping detritus-rich sediment into its mouth.

PHOTO: LARRY MADIN, WHOI

What we need is a change of heart.

“I think we are challenged as mankind has never been challenged before to **prove our maturity** and our mastery, not of nature, but of ourselves.”

Rachel Carson