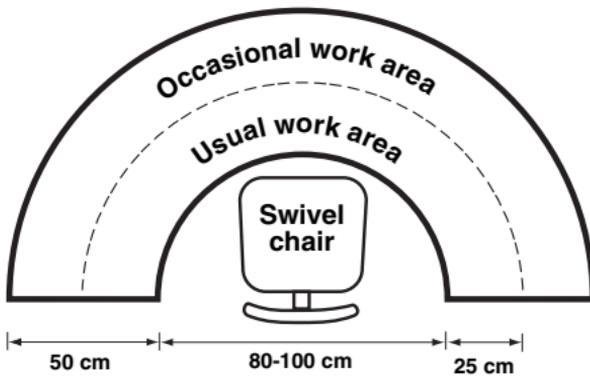

Workstation Layout

- ✓ **ARRANGE** work in a semi-circle.
- POSITION** tasks within easy reach.

USE a swivel chair:

- To reduce body twisting,
- To allow easy movements, and
- To reduce side-to-side motions.



USE sloping worktables, wherever possible, to:

- Reduce bending, and
- Encourage an upright position while sitting or standing.