Ostrich

Ostrich Temporal range: Pleistocene-present

Pleistocene to Recent



male (left) and female ostriches

Conservation status



Least Concern (IUCN 3.1)

Scientific classification	
Kingdom:	Animalia
Phylum:	Chordata
Subphylum:	Vertebrata
Class:	Aves
Superorder:	Paleognathae
Order:	Struthioniformes
Family:	Struthionidae
Genus:	Struthio
Species:	S. camelus
Binomial name	

Struthio camelus Linnaeus, 1758 Subspecies

S. c. australis Gurney, 1868
Southern Ostrich
S. c. camelus Linnaeus, 1758
North African Ostrich
S. c. massaicus Neumann, 1898
Masai Ostrich
†S. c. syriacus Rothschild, 1919
Arabian Ostrich
S. c. molybdophanes Reichenow, 1883
Somali Ostrich

Struthio camelus distribution map

S. c. camelus
S. c. molybdophanes
S. c. australis

The **Ostrich** or **Common Ostrich** (*Struthio camelus*) is either one or two species of large flightless birds native to Africa, the only living member(s) of the genus *Struthio*, which is in the ratite family. Some analyses indicate that the Somali Ostrich may be better considered a full species separate from the Common Ostrich, but most taxonomists consider it to be a subspecies.

The ostrich shares the order Struthioniformes with the kiwis, emus, rheas, and cassowaries. It is distinctive in its appearance, with a long neck and legs, and can run at up to about 70 km/h (43 mph), the fastest land speed of any bird. The ostrich is the largest living species of bird and lays the largest eggs of any living bird (extinct elephant birds of Madagascar and the giant moa of New Zealand laid larger eggs).

The ostrich's diet consists mainly of plant matter, though it also eats invertebrates. It lives in nomadic groups of 5 to 50 birds. When threatened, the ostrich will either hide itself by lying flat against the ground, or run away. If cornered, it can attack with a kick of its powerful legs. Mating patterns differ by geographical region, but territorial males fight for a harem of two to seven females.

The ostrich is farmed around the world, particularly for its feathers, which are decorative and are also used as feather dusters. Its skin is used for leather products and its meat is marketed commercially.

Description

Ostriches usually weigh from 63 to 145 kilograms (139–320 lb), Ostriches of the East African race (*S. c. massaicus*) averaged 115 kg (254 lb) in males and 100 kg (220 lb) in females, while the nominate subspeciesWikipedia:Please clarify was found to average 111 kg (245 lb) in unsexed adults. Exceptional male ostriches (in the nominate subspecies) can weigh up to 156.8 kg (346 lb). At sexual maturity (two to four years), male ostriches can be from 2.1 to 2.8 m (6 ft 11 in to 9 ft 2 in) in height, while female ostriches range from 1.7 to 2 m (5 ft 7 in to 6 ft 7 in) tall. New chicks are fawn in colour, with dark brown spots. During the first year of life, chicks grow at about 25 cm (9.8 in) per month. At one year of age, ostriches weigh approximately 45 kilograms (99 lb). Their lifespan is up to 40–45 years.

The feathers of adult males are mostly black, with white primaries and a white tail. However, the tail of one subspecies is buff. Females and young males are greyish-brown and white. The head and neck of both male and female ostriches is nearly bare, with a thin layer of down. The skin of the female's neck and thighs is pinkish gray, while the male's is blue-gray, gray or pink dependent on subspecies.



The long neck and legs keep their head up to 2.8 m (9 ft) above the ground, and their eyes are said to be the largest of any land vertebrate: 50 mm (2.0 in) in diameter; they can therefore perceive predators at a great distance. The eyes are shaded from sunlight from above. However, the head and bill are relatively small for the birds' huge size, with the bill measuring 12 to 14.3 cm (4.7 to 5.6 in).

Their skin varies in colour depending on the subspecies, with some having light or dark gray skin and others having pinkish or even reddish skin. The strong legs of the ostrich are unfeathered and show bare skin, with the tarsus (the lowest upright part of the leg) being covered in scales: red in the male, black in the female. The tarsus of the ostrich is the largest of any living bird, measuring 39 to 53 cm (15 to 21 in) in length. The bird has just two toes on each foot (most birds have four), with the nail on the larger, inner toe resembling a hoof. The outer toe has no nail. [citation needed] The reduced number of toes is an adaptation that appears to aid in running, useful for getting away from predators. Ostriches can run at a speed over 70 km/h (43 mph) and can cover 3 to 5 m (9.8 to 16 ft) in a single stride. The wings reach a span of about 2 metres (6 ft 7 in), and the wing chord measurement of 90 cm (35 in) is around the same size as for the largest flying birds. The wings are used in mating displays and to shade chicks. The feathers lack the tiny hooks that lock together the smooth external feathers of flying birds, and so are soft and fluffy and serve as insulation. Ostriches can tolerate a wide range of temperatures. In much of their habitat, temperatures vary as much as 40 °C (100 °F) between night and day. Their temperature control mechanism relies on action by the bird, which uses its wings to cover the naked skin of the upper legs and flanks to conserve heat, or leaves these areas bare to release heat. They have 50–60 tail feathers, and their wings have 16 primary, four alular and 20–23 secondary feathers.

The ostrich's sternum is flat, lacking the keel to which wing muscles attach in flying birds. The beak is flat and broad, with a rounded tip. Like all ratites, the ostrich has no crop, and it also lacks a gallbladder. They have three stomachs, and the caecum is 71 cm (28 in) long. Unlike all other living birds, the ostrich secretes urine separately from faeces. All other birds store the urine and faeces combined in the coprodeum, but the ostrich stores the faeces in the terminal rectum. They also have unique pubic bones that are fused to hold their gut. Unlike most birds, the males

have a copulatory organ, which is retractable and 8 in (20 cm) long. Their palate differs from other ratites in that the sphenoid and palatal bones are unconnected.

Taxonomy

The ostrich was originally described by Linnaeus in his 18th-century work, *Systema Naturae* under its current binomial name. Its scientific name is derived from Latin, *struthio* meaning "ostrich" and *camelus* meaning "camel", alluding to its dry habitat.

The ostrich belongs to the ratite order Struthioniformes. Other members include rheas, emus, cassowaries, moa, kiwi and the largest bird ever, the now-extinct Elephant Bird (*Aepyornis*). However, the classification of the ratites as a single order has always been questioned, with the alternative classification restricting the Struthioniformes to the ostrich lineage and elevating the other groups.

Subspecies

Five subspecies are recognized:

- Common Ostrich (S. struthio) complex:
 - *S. c. australis*, **Southern Ostrich**, southern Africa. It is found south of the Zambezi and Cunene rivers. It is farmed for its meat, leather and feathers in the Little Karoo area of Cape Province.
 - *S. c. camelus*, North African Ostrich, or Red-necked Ostrich, North Africa. Historically it was the most widespread subspecies, ranging from Ethiopia and Sudan in the east throughout the Sahel to Senegal and Mauritania in the west, and north to Egypt and southern Morocco, respectively. It has now disappeared from



Somali Ostrich in the Lewa Conservancy near Isiolo, Kenya

- large parts of this range, and it only remains in 6 of the 18 countries where it originally occurred, leading some to consider it Critically Endangered. It is the largest subspecies, at 2.74 m (9.0 ft) in height and up to 154 kilograms (340 lb) in weight. The neck is pinkish-red, the plumage of males is black and white, and the plumage of females is grey.
- *S. c. massaicus*, **Masai Ostrich**, East Africa. It has some small feathers on its head, and its neck and thighs are pink. During the mating season, the male's neck and thighs become brighter. Its range is essentially limited to southern Kenya and eastern Tanzania and Ethiopia and parts of Southern Somalia.
- *S. c. syriacus*, **Arabian Ostrich** or **Middle Eastern Ostrich**, Middle East. Was formerly very common in the Arabian Peninsula, Syria, and Iraq; it became extinct around 1966.
- *S. c. molybdophanes*, **Somali Ostrich**, southern Ethiopia, northeastern Kenya, and Somalia. The neck and thighs are grey-blue, and during the mating season, the male's neck and thighs become brighter and bluer. The females are more brown than those of other subspecies. It generally lives in pairs or alone, rather than in flocks. Its range overlaps with *S. c. massaicus* in northeastern Kenya.

Some analyses indicate that the Somali Ostrich may be better considered a full species, but there is no consensus among experts about this. The Tree of Life Project and IOC recognize it as a different species, but *The Clements Checklist of Birds of the World*, *Howard and Moore Complete Checklist of the Birds of the World* and BirdLife International do not. As of 2010 BirdLife International is reviewing the proposed split. Mitochondrial DNA haplotype comparisons suggest that it diverged from the other ostriches not quite four mya due to formation of the East African Rift. Hybridization with the subspecies that evolved southwestwards of its range, *S. c. massaicus*, has apparently been prevented from occurring on a significant scale by ecological separation, the Somali Ostrich preferring bushland where it browses middle-height vegetation for food while the Masai Ostrich is, like the other subspecies, a grazing bird of the open savanna and *miombo* habitat.

The population from Río de Oro was once separated as *Struthio camelus spatzi* because its eggshell pores were shaped like a teardrop and not round. However, as there is considerable variation of this character and there were no other differences between these birds and adjacent populations of *S. c. camelus*, the separation is no longer considered valid. This population disappeared in the latter half of the 20th century. There were 19th century reports of the existence of small ostriches in North Africa; these are referred to as Levaillant's Ostrich (*Struthio bidactylus*) but remain a hypothetical form not supported by material evidence.

Evolution

The earliest fossil of ostrich-like birds is the *Palaeotis* living near the Asiatic steppes, from the Middle Eocene, a middle-sized flightless bird that was originally believed to be a bustard. Apart from this enigmatic bird, the fossil record of the ostriches continues with several species of the modern genus *Struthio* which are known from the Early Miocene onwards. While the relationship of the African species is comparatively straightforward, a large number of Asian species of ostrich have been described from fragmentary remains, and their interrelationships and how they relate to the African Ostriches are confusing. In China, ostriches are known to have become extinct only around or even after the end of the last ice age; images of ostriches have been found there on prehistoric pottery and petroglyphs.

Several of these fossil forms are ichnotaxa (that is, classified according to the organism's footprints or other trace rather than its body) and their association with those described from distinctive bones is contentious and in need of revision pending more good material.

- Struthio coppensi (Early Miocene of Elizabethfeld, Namibia)
- Struthio linxiaensis (Liushu Late Miocene of Yangwapuzijifang, China)
- Struthio orlovi (Late Miocene of Moldavia)
- Struthio karingarabensis (Late Miocene Early Pliocene of SW and CE Africa) oospecies(?)
- Struthio kakesiensis (Laetolil Early Pliocene of Laetoli, Tanzania) oospecies
- Struthio wimani (Early Pliocene of China and Mongolia)
- Struthio daberasensis (Early Middle Pliocene of Namibia) oospecies
- Struthio brachydactylus (Pliocene of Ukraine)
- Struthio chersonensis (Pliocene of SE Europe to WC Asia) oospecies
- Asian Ostrich, Struthio asiaticus (Early Pliocene Late Pleistocene of Central Asia to China ?and Morocco)
- Giant Ostrich, Struthio dmanisensis (Late Pliocene/Early Pleistocene of Dmanisi, Georgia)
- Struthio oldawayi (Early Pleistocene of Tanzania) probably subspecies of S. camelus
- Struthio anderssoni oospecies (?)

Distribution and habitat

Ostriches formerly occupied Africa north and south of the Sahara, East Africa, Africa south of the rain forest belt, and much of Asia Minor. Today ostriches prefer open land and are native to the savannas and Sahel of Africa, both north and south of the equatorial forest zone. In Southwest Africa they inhabit the semi-desert or true desert. They rarely go above 100 m (330 ft). Farmed ostriches in Australia have established feral populations. The Arabian Ostriches in the Near and Middle East were hunted to extinction by the middle of the 20th century. Ostriches have occasionally been seen inhabiting islands on the Dahlak Archipelago, in the Red Sea near Eritrea.

Behaviour and ecology

Ostriches normally spend the winter months in pairs or alone. Only 16 percent of ostrich sightings were of more than two birds. During breeding season and sometimes during extreme rainless periods ostriches live in nomadic groups of five to 100 birds (led by a top hen) that often travel together with other grazing animals, such as zebras or antelopes. Ostriches are diurnal, but may be active on moonlit nights. They are most active early and late in the day. The male ostrich territory is between 2 and 20 km² (0.77 and 7.7 sq mi).

With their acute eyesight and hearing, ostriches can sense predators such as lions from far away. When being pursued by a predator, they have been known to reach speeds in excess of 70 km/h (43 mph), and can maintain a steady speed of 50 km/h (31 mph), which makes the



ostrich the world's fastest two-legged animal. When lying down and hiding from predators, the birds lay their heads and necks flat on the ground, making them appear like a mound of earth from a distance, aided by the heat haze in their hot, dry habitat.

When threatened, ostriches run away, but they can cause serious injury and death with kicks from their powerful legs. Their legs can only kick forward. Contrary to popular belief, ostriches do not bury their heads in sand to avoid danger. This myth likely began with Pliny the Elder (AD 23–79), who wrote that ostriches "imagine, when they have thrust their head and neck into a bush, that the whole of their body is concealed." This may have been a misunderstanding of their sticking their heads in the sand to swallow sand and pebbles, or, as National Geographic suggests, of the defensive behavior of lying low, so that they may appear from a distance to have their head buried.

Feeding

They mainly feed on seeds, shrubs, grass, fruit and flowers; occasionally they also eat insects such as locusts. Lacking teeth, they swallow pebbles that act as gastroliths to grind food in the gizzard. When eating, they will fill their gullet with food, which is in turn passed down their esophagus in the form of a ball called a bolus. The bolus may be as much as 210 ml (7.1 US fl oz). After passing through the neck (there is no crop) the food enters the gizzard and is worked on by the aforementioned pebbles. The gizzard can hold as much as 1,300 g (46 oz), of which up to 45% may be sand and pebbles. Ostriches can go without drinking for several days, using metabolic water and moisture in ingested plants, but they enjoy liquid water and frequently take baths where it is available. They can survive losing up to 25% of their body weight through dehydration.

Mating

Ostriches become sexually mature when they are 2 to 4 years old; females mature about six months earlier than males. As with other birds, an individual may reproduce several times over its lifetime. The mating season begins in March or April and ends sometime before September. The mating process differs in different geographical regions. Territorial males typically boom in defence of their territory and harem of two to seven hens; the successful male may then mate with several females in the area, but will only form a pair bond with a 'major' female.

The cock performs with his wings, alternating wing beats, until he attracts a mate. They will go to the mating area and he will maintain privacy by driving away all intruders. They graze until their behaviour is synchronized, then the feeding becomes secondary and the process takes on a ritualistic appearance. The cock will then excitedly flap alternate wings again, and start poking on the ground with his bill. He will then violently flap his wings to symbolically clear out a nest in the soil. Then, while the hen runs a circle around him with lowered wings, he will wind his head in a spiral motion. She will drop to the ground and he will mount for copulation. Ostriches raised

entirely by humans may not direct their courtship behaviour at other ostriches, but toward their human keepers.

The female ostrich lays her fertilised eggs in a single communal nest, a simple pit, 30–60 cm (12–24 in) deep and 3 m (9.8 ft) wide, scraped in the ground by the male. The dominant female lays her eggs first, and when it is time to cover them for incubation she discards extra eggs from the weaker females, leaving about 20 in most cases. A female ostrich can distinguish her own eggs from the others in a communal nest. Ostrich eggs are the largest of all eggs, though they are actually the smallest eggs relative to the size of the adult bird — on average they are 15 cm (5.9 in) long, 13 cm (5.1 in) wide, and weigh 1.4 kilograms (3.1 lb), over 20 times the weight of a chicken's egg and only 1 to 4% the size of the female. They are glossy cream-coloured, with thick shells marked by small pits. The eggs are incubated by the females by day and by the males by night. This uses the colouration of the two sexes to escape detection of the nest, as the drab female blends in with the sand, while the black male is nearly undetectable in the night. The incubation period is 35 to 45 days, which is rather short compared to other ratites. This is believed to be the case due to the high rate of predation. Typically, the male defends the hatchlings and teaches them to feed, although males and females cooperate in rearing chicks. Fewer than 10% of nests survive the 9 week period of laying and incubation, and of the surviving chicks, only 15% of those survive to 1 year of age. However, among those ostriches who survive to adulthood, the species is one of the longest-living bird species. Ostriches in captivity have lived to 62 years and 7 months.

Predators

As a flightless species in the rich biozone of the African savanna, the ostrich must face a variety of formidable predators throughout its life cycle. Animals that prey on ostriches of all ages may include cheetahs, lions, leopards, African hunting dogs, and spotted hyena. Ostriches can often outrun most of their predators in a pursuit, so most predators will try to ambush an unsuspecting bird using obstructing vegetation or other objects. A notable exception is the cheetah, which is the most prolific predator of adult ostriches due to its own great running speeds. Common predators of nests and young ostriches include jackals, various birds of prey, warthogs, mongoose and Egyptian vultures. If the nest or young are threatened, either or both of the parents may create a distraction, feigning injury. However, they may sometimes fiercely fight predators, especially when chicks are being defended, and have

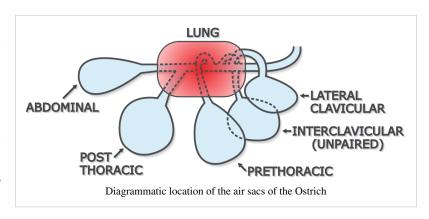
been capable of killing even their largest enemies, the lions, in such confrontations.

Physiology

Respiration

Anatomy

Morphology of the ostrich lung indicates that the structure conforms to that of the other avian species, but still retains parts of its primitive avian species, ratite, structure. The opening to the respiratory pathway begins with the laryngeal cavity lying posterior to the choanae within the buccal cavity. The tip of the tongue then lies anterior to the choanae, excluding the nasal respiratory pathway from the buccal



cavity. The trachea lies ventrally to the cervical vertebrae extending from the larynx to the syrinx, where the trachea enters the thorax, dividing into two primary bronchi, one to each lung, in which they continue directly through to

become mesobronchi. Ten different air sacs attach to the lungs to form areas for respiration. The most posterior air sacs (abdominal and post-thoracic) differ in that the right abdominal air sac is relatively small, lying to the right of the mesentery, and dorsally to the liver. While the left abdominal air sac is large and lies to the left of the mesentery. The connection from the main mesobronchi to the more anterior air sacs including the interclavicular, lateral clavicular, and pre-thoracic sacs known as the ventrobronchi region. While the caudal end of the mesobronchus branches into several dorsobronchi. Together, the ventrobronchi and dorsobronchi are connected by intra-pulmonary airways, the parabronchi, which form an arcade structure within the lung called the paleopulmo. It is the only structure found in primitive birds such as ratites. The largest air sacs found within the respiratory system are those of the post-thoracic region, while the others decrease in size respectively, the interclavicular (unpaired), abdominal, pre-thoracic, and lateral clavicular sacs. The adult ostrich lung lacks connective tissue known as interparabronchial septa, which render strength to the non-compliant avian lung in other bird species. Due to this the lack of connective tissue surrounding the parabronchi and adjacent parabronchial lumen, they exchange blood capillaries or avascular epithelial plates. Like mammals, ostrich lungs contain an abundance of type II cells at gas exchange sites; an adaptation for preventing lung collapse during slight volume changes.

Function

The ostrich is a thermoregulator and maintains a body temperature of 38.1–39.7 °C in its extreme living temperature conditions, such as the heat of the savanna and desert regions of Africa. The ostrich utilizes its respiratory system via a costal pump for ventilation rather than a diaphragmatic pump as seen in most mammals. Thus, they are able to use a series of air sacs connected to the lungs. The use of air sacs forms the basis for the three main avian respiratory characteristics:

- 1. Air is able to flow continuously in one direction through the lung, making it more efficient than the mammalian lung.
- 2. It provides birds with a large residual volume, allowing them to breathe much more slowly and deeply than a mammal of the same body mass.
- 3. It provides a large source of air that is used not only for gaseous exchange, but also for the transfer of heat by evaporation.

Inhalation begins at the mouth and the nostrils located at the front of the beak. The air then flows through the anatomical dead space of a highly vascular trachea (~78 cm) and expansive bronchial system, where it is further conducted to the posterior air sacs. Air flow through the parabronchi of the paleopulmo is in the same direction to the dorsobronchi during inspiration and expiration. Inspired air moves into the respiratory system as a result of the expansion of thoraco abdominal cavity; controlled by inspiratory muscles. During expiration, oxygen poor air flows to the anterior air sacs and is expelled by the action of the expiratory muscles. The ostrich air sacs play a key role in respiration since they are capacious, and increase surface area (as described by the Fick Principle). The oxygen rich air flows unidirectionally across the respiratory surface of the lungs; providing the blood that has a crosscurrent flow with a high concentration of oxygen.

To compensate for the large "dead" space, the ostrich trachea lacks valves to allow faster inspiratory air flow. In addition, the total lung capacity of the respiratory system, (including the lungs and ten air sacs) of a 100 kg ostrich is about 15 L, with a tidal volume ranging from 1.2 to 1.5 L. The tidal volume is seen to double resulting in a 16-fold increase in ventilation. Overall, ostrich respiration can be thought of as a high velocity-low pressure system. At rest, there is small pressure differences between the ostrich air sacs and the atmosphere, suggesting simultaneous filling and emptying of the air sacs.

The increase in respiration rate from the low range to the high range is sudden and occurs in response to hyperthermia. Birds lack sweat glands, so when placed under stress due to heat, they heavily rely upon increased evaporation from the respiratory system for heat transfer. This rise in respiration rate however is not necessarily associated with a greater rate of oxygen consumption. Therefore, unlike other birds, the ostrich is able to dissipate

heat through panting without experiencing respiratory alkalosis by modifying ventilation of the respiratory medium. During hyperpnea ostriches pant at a respiratory rate of 40–60 cycles/minute, versus their resting rate of 6–12 cycles/minute. Hot, dry and moisture lacking properties of the ostrich respiratory medium affects oxygen's diffusion rate (Henry's Law). []

Ostrich develop via Intussusceptive angiogenesis, a mechanism of blood vessel formation, characterizing many organs. It is not only involved in vasculature expansion, but also in angioadaptation ^[4] of vessels to meet physiological requirements. The use of such mechanisms demonstrates an increase in the later stages of lung development, along with elaborate parabronchial vasculature, and reorientation of the gas exchange blood capillaries to establish the crosscurrent system at the blood-gas barrier. The blood—gas barrier (BGB) of their lung tissue is thick. The advantage of this thick barrier may be protection from damage by large volumes of blood flow in times of activity, such as running, since air is pumped by the air sacs rather than the lung itself. As a result the capillaries in the parabronchi have thinner walls, permitting more efficient gaseous exchange. In combination with separate pulmonary and systemic circulatory systems, it helps to reduce stress on the BGB.

Circulation

Heart Anatomy

The ostrich heart is a closed system, contractile chamber. It is composed of myogenic muscular tissue associated with heart contraction features. There is a double circulatory plan in place possessing both a pulmonary circuit and systemic circuit.

The ostrich's heart has similar features to other avian species like having a conically shaped heart, and being enclosed by a pericardium layer. Moreover, similarities also include a larger right atrium volume, and a thicker left ventricle to fulfil the systemic circuit. The ostrich heart has three features that are absent in related birds:

- The right atrioventricular valve is fixed to the interventricular septum, by a thick muscular stock, which prevents back-flow of blood into the atrium when ventricular systole is occurring. In the fowl this valve is only connected by a short septal attachment.
- Pulmonary veins attach to the left atrium separately, and also the opening to the pulmonary veins are separated by a septum.
- moderator bands, full of purkinje fibers, are found in different locations in the left and right ventricles. These
 bands are associated with contractions of the heart and suggests this difference causes the left ventricle to contract
 harder to create more pressure for a completed circulation of blood around the body.

The atrioventricular node position differs from other fowl. It is located in the endocardium of the atrial surface of the right atrioventricular valve. It is not covered by connective tissue, which is characteristic of vertebrate heart anatomy. It also contains fewer myofibrils than usual myocardial cells. The AV node connects the atrial and ventricular chambers. It functions to carry the electrical impulse from the atria to the ventricle. Upon view, the myocardial cells are observed to have large densely packed chromosomes within the nucleus.

The coronary arteries start in the right and left aortic sinus and provide blood to the heart muscle in a similar fashion to most other vertebrates. Other domestic birds capable of flight have three or more coronary arteries that supply blood to the heart muscle. The blood supply by the coronary arteries are fashioned starting as a large branch over the surface of the heart. It then moves along the coronary groove and continues on into the tissue as interventricular branches toward the apex of the heart. The atria, ventricles, and septum are supplied of blood by this modality. The deep branches of the coronary arteries found with in the heart tissue are small and supply the interventricular and right atrioventricular valve with blood nutrients for which to carry out their processes. The interatrial artery of the ostrich is small in size and exclusively supplies blood to only part of the left auricle and interatrial septum.

These purkinje fibers (p-fibers) found in the hearts moderator bands are a specialized cardiac muscle fiber that causes the heart to contract. The purkinje cells are mostly found within both the endocardium and the

sub-endocardium. The sinoatrial node shows a small concentration of purkinje fibers, however, continuing through the conducting pathway of the heart the bundle of his shows the highest amount of these purkinje fibers.

Blood composition

The hematocrit count of the ostrich constitutes 40% of the average man, however, the red blood cells of the ostrich size about three times larger. The blood oxygen affinity, known as P_{50} , is higher than that of both humans and similar avian species. The reason for this decreased oxygen affinity is due to the hemoglobin configuration found in the ostrich blood. The ostrich's tetramer is composed of hemoglobin type A and D, compared to typical mammalian tetramers composed of hemoglobin type A and B; hemoglobin D configuration causes a decreased oxygen affinity at the site of the respiratory surface.

During the embryonic stage Hemoglobin E is present. This subtype increases oxygen affinity in order to transport oxygen across the allantoic membrane of the embryo. This can be attributed to the high metabolic need of the developing embryo, thus high oxygen affinity serves to satisfy this demand. When the chick hatches hemoglobin E diminishes while hemoglobin A and D increase in concentration. This shift in hemoglobin concentration results in both decreased oxygen affinity and increased P_{50} value.

Furthermore, the P₅₀ value is influenced by differing organic modulators. In the typical mammalian RBC 2,3 – DPG causes a lower affinity for oxygen. 2,3- DPG constitutes approximately 42–47%, of the cells phosphate of the embryonic ostrich. However, the adult ostrich have no traceable 2,3- DPG. In place of 2,3-DPG the ostrich uses inositol polyphosphates (IPP), which vary from 1–6 phosphates per molecule. In relation to the IPP, the ostrich also uses ATP to lower oxygen affinity. ATP has a consistent concentration of phosphate in the cell. Around 31% at incubation periods, and dropping to 16–20% in 36 day old chicks. However, IPP has low concentrations, around 4%, of total phosphate concentration in embryonic stages; However, the IPP concentration jumps to 60% of total phosphate of the cell. The majority of phosphate concentration switches from 2,3- DPG to IPP, suggesting the result of the overall low oxygen affinity is due to these varying polyphosphates.

Concerning immunological adaptation, it was discovered that wild ostrich's have a pronounced non specific immunity defense, with blood content reflecting high values of lysosome, and phagocyte cells in medium. This is in contrast to domesticated ostriches, who in captivity develop high concentration of immunoglobulin antibodies in their circulation, indicating an acquired immunological response. It is suggested that this immunological adaptability may allow this species to have a high success rate of survival in variable environmental settings.

Osmoregulation

Physiological Challenges

The ostrich is an xeric animal, due to the fact that it lives in habitats that are both dry and hot. Water is scarce in dry and hot environment, and this poses a challenge to the Ostrich's water consumption. Also the ostrich is a ground bird and cannot fly to find water sources, which poses a further challenge. Ostriches, due to their large size, cannot easily escape the heat of their environment; however, dehydrate less than their small bird counterparts, due to their large surface area to volume ratio. Hot, arid habitats pose osmotic stress, such as dehydration, which trigger the ostrich's homeostatic response to osmoregulate.

System Overview

The ostrich is well adapted to hot, arid environments through specialization of excretory organs. The ostrich has an extremely long and developed colon the length of approximately 11-13m between the coprodeum ^[5] and the paired caeca, which are around 80cm long. A well developed caeca is also found and in combination with the rectum forms the microbial fermentation chambers used for carbohydrate breakdown. The catabolism of carbohydrates produces ~ 0.56 g of water that can be used internally. The majority of their urine is stored in the coprodeum, and the faeces are separately stored in the terminal colon. The coprodeum is located ventral to the terminal rectum and urodeum (where

the ureters open). Found between the terminal rectum and coprodeum is a strong sphincter. The coprodeum and cloaca are the main osmoregulatory mechanisms used for the regulation and reabsorption of ions and water, or net water conservation. As expected due to the Ostrich's moisture lacking habitat, dehydration causes a reduction in faecal water, or dry feces. This reduction is believed to be caused by high levels of plasma aldosterone, aldosterone leads to the rectal absorption of sodium and water. Also expected is the production of hyperosmotic urine; cloacal urine has been found to be 800 mosmol/L. The U:P (urine:plasma) ratio of the ostrich is therefore greater than one. Diffusion of water to the coprodeum (where urine is stored) from plasma across the epithelium is voided. This void is believed to be caused by the thick mucosal layering of the coprodeum.

Ostriches contain two kidneys, they are chocolate brown in color, granular in texture, and lie in a depression in the pelvic cavity of the dorsal wall. They are covered by peritoneum and a layer of fat. Each kidney is about 300 mm long, 70 mm wide, and divided into a cranial, middle, and caudal sections by large veins. The caudal section is the largest, extends into the middle of the pelvis. The ureters leave the ventral caudomedial surface and continue caudally, near the midline into the opening of the urodeum of the cloaca. Although there is no bladder, a dilated pouch of ureter stores the urine until it is secreted continuously down from the ureters to the urodeum until discharged.

Kidney Function

Ostrich kidneys are fairly large in size, and so are able to hold significant amounts of solutes. Hence, ostriches drink relatively large volumes of water daily, and excrete generous quantities of highly concentrated urine. It is when drinking water is unavailable or withdrawn, that the urine becomes highly concentrated with uric acid and urates. It seems that ostriches who normally drink relatively large amounts of water tend to rely on renal conservation of water when drinking water is scarce within the kidney system. Though there have been no official detailed renal studies conducted on the flow rate (Poiseuille's Law) and composition of the ureteral urine in the ostrich, knowledge of renal function has been based on samples of cloacal urine, and samples or quantitative collections of voided urine. Studies have shown that the amount of water intake, and dehydration impacts the plasma osmolality and urine osmolality within various sized ostriches. During a normal hydration state of the kidneys, young ostriches tend to have a measured plasma osmolality of 284 mOsm, and urine osmolality of 62 mOsm. Adults have higher rates with a plasma osmolality of 330 mOsm, and a urine osmolality of 163 mOsm. The osmolality of both plasma and urine can alter in regards to whether there is an excess or depleted amount of water present within the kidneys. An interesting fact of ostriches is that when water is freely available, the urine osmolality can reduce to 60-70 mOsm, not losing any necessary solutes from the kidneys when excess water is excreted. Dehydrated or salt-loaded ostriches can reach a maximal urine osmolality of approximately 800 mOsm. When the plasma osmolality has been measured simultaneously with the maximal osmotic urine, it is seen that the urine:plasma ratio is 2.6:1, the highest encountered among avian species. Along with dehydration, there is also a reduction in flow rate from 20 L/day to only a mere 0.3-0.5 L/day.

In mammals such as ostriches, the increase of the glomerular filtration rate (GFR) and urine flow rate (UFR) is due to a high protein diets. As seen in various studies, scientists have measured clearance of creatinine, a fairly reliable marker of glomerular filtration rate (GFR). It has been seen that during normal hydration within the kidneys, the glomerular filtration rate is approximately 92 ml/min. However, when an ostrich experiences dehydration for at least 48 hours (2 days), this value diminishes to only a mere 25% of the hydrated GFR rate. Thus in response to the dehydration, ostrich kidneys secrete small amounts of very viscous glomerular filtrates that have not been broken down, and return them to the circulatory system through blood vessels. The reduction of GFR during dehydration is extremely high, and so the fractional excretion of water (urine flow rate as a percentage of GFR) drops down from 15% at normal hydration to 1% during dehydration.

Water Intake and Turnover

Ostriches employ adaptive features to manage the dry heat and solar radiation in their habitat. Ostriches will drink available water in the area, however they are limited in accessing bodies of water being that they are a flightless bird. They are able to harvest water through dietary means consuming plants such as the Euphorbia heterochroma that hold up to 87% water, supplying the hydration demands of this organism.

Water mass accounts for 68% of body mass in adult Ostrich birds; this is down from 84% water mass in 35 day old chicks. The differing degrees of water retention are thought to be a result of varying body fat mass. In comparison to smaller birds Ostriches have a lower evaporative water loss resulting from their small body surface area per unit weight.

When heat stress is at its maximum, Ostriches are able to recover evaporative loss by using a metabolic water mechanism to counter the loss by urine, feces, and respiratory evaporation. An experiment to determine the primary source of water intake in the Ostrich was conducted; the results indicate that while the Ostrich does employ a metabolic water production mechanism as a source of hydration, the most important source of water is through the food they eat. When Ostriches were restricted to the no food or water condition the metabolic water production was only 0.5 L/day \,^-1, while total water lost to urine, feces and evaporation was 2.3 L/day\,^-1. When the birds were given both water and food total water gain was 8.5 L/day ^-1. In the food only condition total water gain was 10.1 /day^-1. These results were able to highlight that the metabolic water mechanism is not able to sustain water loss independently, and that food intake, specifically plants high in water content, are necessary to overcome water loss challenges experienced by this organism. This is adaptively advantageous as the Ostrich resides in dry climates with minimal sources of water. Being able to access plants such as Euphorbia heterochroma provides the means this organism requires to carry out its hydrating function. In times of water deprivation, urine electrolyte and osmotic concentration increases while urination rate decreases. Under these conditions Urine solute:Plasma[6] solute ratio is approximately 2.5, or hyperosmotic; that is to say that the ratio of solutes to water in the plasma is shifted down whereby reducing osmotic pressure in the plasma. Water is then able to be held back from excretion, keeping the Ostrich hydrated, while the passed urine contains more concentrated amounts of solute compared to the plasma. This mechanism exemplifies how renal function facilitates water retention during periods of dehydration stress.

Nasal Glands

A number of avian species use nasal salt glands, alongside their kidneys, to control hypertonicity in their blood plasma. However, the ostrich shows no nasal glandular function in regard to this homeostatic process. Even in a state of dehydration, which increases the osmolality of the blood, nasal salt glands show no sizeable contribution of salt elimination. Also, the overall mass of the glands were less than that of the duck's nasal gland. The ostrich, having a heavier body weight, should have larger heavier nasal glands to more effectively excrete salt from a larger volume of blood, however this is not the case. These unequal proportions contribute to the fact that the ostrich's nasal glands do not play any role in salt excretion. The nasal glands may be the result of an ancestral trait, which in no longer needed by the ostrich, but has not been bred out of their gene pool.

Biochemistry

The majority of Ostrich's internal solutes are made up of sodium ions (Na+), potassium ions (K+), chloride ions (Cl-), total short-chain fatty acids (SCFA), and acetate. The caecum contains a high water concentration with reduced levels nearing the terminal colon, and exhibits a rapid fall in Na+ concentrations and small changes in K+ and Cl-. The colon is divided into three sections and take part in solute absorption. The upper colon largely absorbs Na+ and SCFA, and partially absorbs KCl. The middle colon absorbs Na+, SCFA, with little net transfer of K+ and Cl-. The lower colon then slightly absorbs Na+ and water, and secretes K+. There is no net movements of Cl- and SCFA found in the lower colon.

When the ostrich is in a dehydrated state plasma osmolality, Na+, K+, and Cl- ions all increase, however, K+ ions returned to controlled concentration. The ostrich also experiences an increase in haematocrit, resulting in a hypovolemic state. Two antidiuretic hormones, Arginine vasotocin (AVT) and angiotensin (AII) are increased in blood plasma as a response to hyperosmolality ^[7] and hypovolemia. AVT triggers antidiuretic hormone (ADH) which targets the nephrons of the kidney. ADH causes a reabsorption of water from the lumen of the nephron to the extracellular fluid osmotically. These extracellular fluids then drain into blood vessels, causing a rehydrating effect. This drainage prevents loss of water by both lowering volume and increasing concentration of the urine. Angiotensin, on the other hand, causes vasoconstriction on the systemic arterioles, and acts as a dipsogen for ostriches. Both of these antidiuretic hormones work together to maintain water levels in the body that would normally be lost due to the osmotic stress of the arid environment.

The end-product of catabolism of protein metabolism in animals is nitrogen. Animals must excrete this in the form of nitrogenous compounds. Ostriches are uricotelic. They excrete nitrogen as the complex nitrogenous waste compound, uric acid, and related derivatives. Uric acid attributes to the semi-solid paste secreted due to its low ability to be soluble in water.

Status and conservation

The wild ostrich population has declined drastically in the last 200 years, with most surviving birds in reserves or on farms. However, its range remains very large (9,800,000 square kilometres (3,800,000 sq mi)), leading the IUCN and BirdLife International to treat it as a species of Least Concern. Of its 5 subspecies, the Middle Eastern Ostrich (*S. c. syriacus*) became extinct around 1966, and the North African Ostrich (*S. c. camelus*) has declined to the point where it now is included on CITES Appendix I and some treat it as Critically Endangered.

Ostriches and humans

Ostriches have inspired cultures and civilizations for 5,000 years in Mesopotamia and Egypt. A statue of Arsinoe II of Egypt riding an ostrich was found in a tomb in Egypt. The Kalahari bushmen still use their eggs as water jugs.

Hunter-gatherers in the Kalahari use ostrich eggshells as water containers in which they puncture a hole to enable them to be used as canteens. The presence of such eggshells with engraved hatched symbols dating from the Howiesons Poort period of the Middle Stone Age at Diepkloof Rock Shelter in South Africa suggests ostriches were an important part of human life as early as 60,000 BP.



Scene with ostriches, Roman mosaic, 2nd century
AD

Hunting and farming

In Roman times, there was a demand for ostriches to use in *venatio* games or cooking. They have been hunted and farmed for their feathers, which at various times have been popular for ornamentation in fashionable clothing (such as hats during the 19th century). Their skins are valued for their leather. In the 18th century they were almost hunted to extinction; farming for feathers began in the 19th century. At the start of the 20th century there were over 700,000 birds in captivity. The market for feathers collapsed after World War I, but commercial farming for feathers and later for skins and meat became widespread during the 1970s. Ostriches are so adaptable that they can be farmed in climates ranging from South Africa to Alaska.

Ostriches were farmed for their feathers in South Africa beginning in the 19th century. According to Frank G. Carpenter, the English are credited with first taming ostriches outside Cape Town. Farmers captured baby ostriches

and raised them successfully on their property, and were able to obtain a crop of feathers every seven to eight months instead of killing wild ostriches for their feathers.

It is claimed that ostriches produce the strongest commercial leather. Ostrich meat tastes similar to lean beef and is low in fat and cholesterol, as well as high in calcium, protein and iron. Uncooked, it is dark red or cherry red, a little darker than beef.

Attacks

Ostriches typically avoid humans in the wild, since they correctly assess humans as potential predators, and, if approached, often run away. However, ostriches may turn aggressive rather than run when threatened, especially when cornered, and may also attack when they feel the need to defend their offspring or territories. Similar behaviors are noted in captive or domesticated ostriches, which retain the same natural instincts and can occasionally respond aggressively to stress. When attacking a person, ostriches kick with their powerful feet, armed with long claws, which are capable of disemboweling or killing a person with a single blow. In one study of ostrich attacks, it was estimated that two to three attacks that result in serious injury or death occur each year in the area of Oudtshoorn, South Africa, where a large number of ostrich farms abut against both feral and wild ostrich populations.

Racing

In some countries, people race each other on the backs of ostriches. The practice is common in Africa and is relatively unusual elsewhere. The ostriches are ridden in the same way as horses with special saddles, reins, and bits. However, they are harder to manage than horses.

The racing is also a part of modern South African culture. Within the United States, a tourist attraction in Jacksonville, Florida called 'The Ostrich Farm' opened up in 1892; it and its races became one of the most famous early attractions in the history of Florida.



A Jacksonville, Florida, man with an ostrich-drawn cart, circa 1911

In the United States, Chandler, Arizona hosts the annual 'Ostrich Festival' which features ostrich races. Racing has also occurred at many other locations such as Virginia City in Nevada, Canterbury Park in Minnesota, Prairie Meadows in Iowa, and Ellis Park in Kentucky.

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External links

- Works related to a description of traditional methods used by Arabs to capture wild ostriches. at Wikisource
- (Common) Ostrich Species text in The Atlas of Southern African Birds (http://sabap2.adu.org.za/docs/sabap1/001.pdf).
- British Domesticated Ostrich Association (http://www.ostrich.org.uk/industry/potential.html)
- Index for various ostrich studies and papers (http://www.blue-mountain.net/research.htm)
- World Ostrich Association (http://www.world-ostrich.org/).

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