

# Lycium chinense

*Lycium chinense* is one of two species of boxthorn in the family Solanaceae from which the goji berry or wolfberry is harvested, the other being *Lycium barbarum*. Two varieties are recognized,<sup>[3]</sup> *L. chinense* var. *chinense* and *L. chinense* var. *potaninii*.

It is also known as **Chinese boxthorn**, **Chinese matrimony-vine**, **Chinese teaplant**, **Chinese wolfberry**, **wolfberry**,<sup>[4]</sup> and **Chinese desert-thorn**.<sup>[5]</sup>

The plant is used in traditional Chinese medicine for the treatment of nightsweats, pneumonia, cough, hematemesis, inflammation, and diabetes mellitus.

## 1 See also

- List of culinary fruits
- List of dried foods
- Sea buckthorn – another medicinal plant that somewhat resembles Wolfberry
- Habitus
- Flower
- Leaves and buds
- Chinese boxthorn, dried fruit - MHNT

## 2 References

- [1] "The Plant List: *Lycium chinense* var. *chinense*".
- [2] "The Plant List: *Lycium chinense* var. *potaninii*".
- [3] "Flora of China treatment for *L. chinense*".
- [4] "USDA GRIN Taxonomy".
- [5] "*Lycium chinense*". Natural Resources Conservation Service PLANTS Database. USDA. Retrieved 24 June 2015.

## 3 Further reading

### Books

- Ai, Changshan (2002). *Zhi Bu Liang Yi Hua Gou Qi* (A Word About *Lycium chinense*, Effective for Therapy and Nutrition). Changchun, China: Jilin Ke Xue Ji Shu Chu Ban She. ISBN 7-5384-2402-4. ISBN 978-7-5384-2402-7.
- Oyama, Sumita (1964). *Kuko o Aishite Junen* (*Lycium chinense* in Favorable Use for Ten Years). Tokyo, Japan: Shufu no Tomosha.
- Shufu no Tomosha (1963). *Kuko no koyo* (Medicinal and Therapeutic Effects of *Lycium chinense*). Tokyo, Japan.
- Takayama, Eiji (1966). *Jinsei no Honbutai wa Rokujissai Kara: Furo Choju Kuko no Aiyo* (The Real Stage in Life Begins at Sixty: Habitual Use of *Lycium chinense* for Longevity). Tokyo, Japan: Koyo Shobo
- Zhang, Yanbo (2000). *Molecular Approach to the Authentication of Lycium barbarum and its Related Species*. M. Phil. thesis. Hong Kong, China: Hong Kong Baptist University

## 4 External links

- United States Department of Agriculture
- Plants For A Future database

## 5 Text and image sources, contributors, and licenses

### 5.1 Text

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